



EXCEL
AFTER THE BELL

AT THE YMCA

AFTER SCHOOL ACADEMY FOR ARS K-1 STUDENTS

After School Academy is part of the YMCA's history of dedication to youth development. It was established to meet the needs of working parents while providing children with a fun, safe, and enriching environment. We are pleased to now offer it for K-1 students of American Renaissance School from 12:30pm-6:00pm starting November 2. Our program offers a variety of daily activities focusing on the following:

- Academic Support (Reading and STEM)
- CATCH curriculum*
- Confidence and Character Development
- Fitness and Health Education
- Games
- Service Learning
- Homework Support with certified teachers
- YMCA Healthy Eating and Physical Activity Standards
- Healthy Snacks
- Guest Speakers and demonstrations
- Arts and crafts

Learning doesn't stop when the school day ends. The Y provides the academic support needed to help students achieve their full potential. Each day is filled with educational activities that also incorporate active play to develop a lifelong love of health and wellness.

5-DAYS: Members - \$100 Potential Members - \$130

3-DAYS: Members- \$80 Potential Members - \$110

*CATCH stands for Coordinated Approach to Child's Health. For over 25 years, the CATCH platform has been proven to launch kids and communities toward healthier lifestyles. Originators of "GO, SLOW and WHOA" food categories, CATCH is the most cost effective means of preventing childhood obesity, in an environment that's fun and easy to sustain.

