

SUPER SUMMER



**Boredom Beware!
Y Summer Exploration
Academies and Camps
Are Here To Save
The Day.**



**SUMMER
EXPLORATION ACADEMY**

Winston Lake Family YMCA
#SuperSummerAtTheY



WELCOME

There's never a dull moment during Summer Exploration Academy/Day Camp at the Y! Summer is a time for fun, but it's also the perfect time for personal exploration through fun and exciting activities that engages both the mind and body! In addition to traditional summer activities, summers at the Y for 2020 will include time every day for reading, character development, STEM education, and college and career prep for teens. Summer Exploration Academy/Day Camp at the Y also include an hour of physical activity every day to help combat childhood obesity. Enroll now so your child or teen can spend time enjoying summer while expanding his or her personal development!

SUMMER EXPLORATION ACADEMY/DAY CAMP

SUMMER EXPLORATION ACADEMY/DAY CAMP

Enjoy a summer full of exciting games, dance, art, drama, creative writing, swimming, camp themed activities, and much more.

AGES: Rising Kindergarten - Rising 5th graders. Campers are grouped into age-appropriate huddles with a 1:10 counselor to camper ratio.

DAYS/HOURS: Monday-Friday, 7:00 am - 6:00 pm

REGISTRATION FEE: \$0

WEEKLY FEE: \$0

Breakfast, lunch and snacks provided sessions 1-6. Parents must provide all meals and AM and PM snacks for session 7.

ITEMS TO BRING: water bottle, closed toe shoes preferred

SESSION	ACADEMY DATE	THEME
1	June 29-July 3	Going Green
2	July 6-10	Dear Future Me
3	July 13-17	Thing-A-Majig
4	July 20-24	Silly Science
5	July 27-31	Going for the Gold
6	Aug 3-7	Under the Sea
7	Aug 10-14	Creative Creations

SAMPLE DAILY SCHEDULE (subject to change)

7:00 - 8:00am	Rides In Activity Stations: Board Games
8:00 - 10:00am	Breakfast/Outdoor Huddle Games
9:00 - 9:45am	K-2 Swimming
9:45 - 10:30am	3-4 Swimming/K-2 & 5-8th Reading
10:30 - 11:15am	5-8th Swimming/3-4 Reading/ K-2 Outdoor Huddles
11:15 - 12:00pm	Aquanauts (Available for an additional fee on certain weeks.)
12:00 - 1:00pm	Lunch
1:00 - 3:30pm	Character Development/Enrichment/Daily Teamwork Activity
3:30 - 4:00pm	Afternoon Snack
4:00 - 4:45pm	Closing: Daily Reflections, Group Activity
4:45 - 5:30pm	Dinner
5:30 - 6:00pm	Rides Out

FINANCIAL ASSISTANCE

The Y is committed to supporting working families, and to ensure every child has the opportunity to benefit from our camps. Financial Assistance is available for those in need. Please complete the Financial Assistance Application (available online). Return the completed application along with two current paycheck stubs and your most recent federal tax return to Iris Gress at i.gress@ymcanwnc.org. Please allow two weeks for processing. Funding for Summer Day Camp Financial Assistance is provided by the YMCA of Northwest North Carolina's Annual Giving Campaign.

CONTACT: Stacey McElveen at s.mcelveen@ymcanwnc.org or 336 727 4849

SUMMER LEARNING ACADEMY

SUMMER LEARNING ACADEMY

Too many students experience summer learning loss every year, and oftentimes start the next school year off on the wrong foot. Fortunately, the YMCA has a program that prevents summer learning loss in a fun, safe, and enriching environment!

YMCA Summer Learning Academies (SLAs) give students the opportunity to stay on grade level while having a great time in a structured environment. This four-week program focused on fighting summer learning loss operates during Summer Exploration Academy (summer day camp). Both Summer Exploration Academy and Summer Learning Academy are offered at no cost thanks to generous YMCA donors.

Summer Learning Academy will start July 6 and will operate 8:30am-12:30pm, Monday-Thursday. Parents/guardians will need to provide transportation.

Summer Learning Academies help students build confidence and positive relationships. The program includes:

- Lessons aligned with the local school district and developed by a certified teacher from the district.
- Students taught by teachers from local schools.
- Breakfast, lunch, and snack served daily.

SPORTS CAMPS

Sports Camps at Camp Play Ball reach far beyond developing youth's skills in the sports they love. Summer is a time to get outside, enjoy time with friends, be active and have fun! Our high energy coaches pride themselves on making this a reality for every child. Come enjoy the summer like it was meant to be enjoyed. Camps consist of drills, individual competition games and character development.

Our **Sports Clinics** take your game to the next level! Led by Subject Matter Experts, Sports Clinics will focus on skill building and conditioning making your athlete more confident for their next season. Our training will help master technical skills and are geared for intermediate players.

Our **Skill Sessions** help improve skills through drills, have fun, and get ready for league play at the Y! All sessions will be led by YMCA coaches and are for all skill levels.

AGES: All sessions rising K-5th unless otherwise noted

PAYMENTS: Due on the Wednesday before each session. (Late fees apply after due date.)

BASKETBALL SKILL SESSION

SESSION: July 14

DAYS/HOURS: Tuesday, 3:00 - 4:00pm

FEE: \$10 Members / \$20 Potential Members

FLAG FOOTBALL SKILL SESSION

SESSION: July 21

DAYS/HOURS: Tuesday, 3:00 - 4:00pm

FEE: \$10 Members / \$20 Potential Members

FLAG FOOTBALL CLINIC

SESSION: June 25

DAYS/HOURS: Thursday, 5:30 - 7:30pm

FEE: \$20 Members / \$40 Potential Members



CONTACT: Patrick Whitbred at 336 939 6227 or p.whitbred@ymcanwnc.org