



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA of NWNC POOL RE-OPENING

Locations

Aquatics facilities open to members: Davie, Kernersville (both indoor community pool and outdoor pools), Jerry Long, Statesville, Stokes, William G. White, Jr., and Wilkes Family YMCAs.

Operating Procedures:

- All lanes will be available and members will reserve lanes in 30 minute or 1 hour increments. Reservations can be made 24 hours in advance of the class start time on our YMCA of Northwest North Carolina Mobile App or each branch's schedule page. Visit ymcanwnc.org/schedules to find your branch.
- Arrive about 15 minutes early in order to get checked-in and to fill out a waiver so you don't miss any of your workout.
- Lanes may be reserved for the following activities: Lap Swimming, Open Swim, Family Swim- Limited to 6 household members per lane, Water Walking, Individual Water Aerobics
- The following Aquatics equipment will not be available: Pool Noodles, Kickboards, Pool Buoys, Fins, Aquatics Belts, and Lifejackets.
- Hand Weights will be available. Once hand weights have been used they will need to be placed in the used bin so they can be properly sanitized before returning to the shelf.
- There will be a 15 minute transition times to allow for the following:
 - Sanitation of baskets at the end of a lane
 - Sanitation of all Handrails, Ladders and Water Weights
 - Checking Chemicals as needed
 - Rinsing the deck

Youth Swim Guidelines:

- All Youth Swim Guidelines will be enforced.
- If needed, all families will need to bring a coast guard-approved life jacket for red swimmers.

Facility Access:

- Please arrive on time to your scheduled reservation
- During this time Locker Rooms, Spas, Sauna and Steam Rooms will be unavailable. Emergency restroom use will be available.

YMCA OF NORTHWEST NORTH CAROLINA

301 N Main Street, Suite 1900 Winston-Salem NC 27101

P 336 777 8055 F 336 777 6345 www.ymcanwnc.org A United Way Agency

Our Mission: "Helping all people reach their God-given potential in spirit, mind and body." Financial Assistance available.



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- Members will be asked to place their personal belongings in the basket at the end of the lane. Members who have wallets, cell phones, etc. are encouraged to place these belongings in a zip lock bag.
- We encourage everyone to arrive in their bathing suits and be prepared to leave in their bathing suit. People should use the restroom prior to coming to the pool.
- Bleachers and other seating in the pool will be unavailable during this time.

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