



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## FALL GYM SCHEDULE

### COURT 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5am-9am Open Gym	5am-8am Open Gym	5am-9am Open Gym	5am-8am Open Gym	5am-9am Open Gym	7am-7pm Open Gym	12pm-5pm Shoot Around
9am-10:30am Sr. Men's Basketball	8am-12pm Shoot Around	9am-10:30am Sr. Men's Basketball	8am-12pm Shoot Around	9am-10:30am Sr. Men's Basketball		5pm-7pm Open Gym
10:30am-2:30pm Open Gym	12pm-2:30pm Open Gym	10:30am-2:30pm Open Gym	12pm-2:30pm Open Gym	10:30am-2:30pm Open Gym		
2:30pm-5:30pm Youth Development	2:30pm-5:30pm Youth Development	2:30pm-5:30pm Youth Development	2:30pm-5:30pm Youth Development	2:30pm-5:30pm Youth Development		
5:30pm-10pm Shoot Around	6pm-8:30pm Adult 35+ Pick Up	5:30pm-10pm Shoot Around	6pm-8:30pm Adult 35+ Pick Up	5:30pm-9pm Shoot Around		
	8:30pm-10pm Shoot Around		8:30pm-10pm Shoot Around			

**Sr. Men's Basketball-** Pick up games may be played full court by our Active Older Adult members.

**Adult 35+ Pick Up-** Pick up games may be played full court by adults 35 and over.

**Open Gym-** During open gym, the court may be used for shoot around or if NOT busy, full court pick up may be played.

**Shoot Around-** During this time, the court is reserved for shoot around only. No pick up games are allowed on the court during this time.

**Kid Kare / Camp-** During this time, the court is reserved for our youth development programs.

**YMCA Sports-** During this time, the court is reserved for youth sports programming (little dribblers or futsal).

\* The YMCA reserves the right to change the gym schedule at any time and may close the gym without notice if needed.

Please note that in the event of rain, heat or school closure, gyms may be shut down to accomidate camp. We thank you for your understanding.

JERRY LONG FAMILY YMCA

Our Mission: "Helping people reach their God-given potential in spirit, mind and body."



## FALL GYM SCHEDULE

### COURT 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5am-8am Open Gym	5am-8am Adult Pick Up	5am-8am Open Gym	5am-8am Adult Pick Up	5am-8am Open Gym	7am-8am Open Gym	12pm-12:30pm Shoot Around
8am-12pm Pickleball	8am-12pm Open Gym	8am-12pm Pickleball	8am-12pm Open Gym	8am-12pm Pickleball	8am-4pm YMCA Sports	12:30pm-2pm Open Gym
12pm-2pm Open Gym	12pm-2pm Open Gym	12pm-2pm Open Gym	12pm-2pm Open Gym	12pm-2pm Open Gym	4pm-6pm Pickleball	2pm-4pm Pickleball
2pm-5pm Youth Development	2pm-5pm Youth Development	2pm-5pm Youth Development	2pm-5pm Youth Development	2pm-5pm Youth Development	6pm-7pm Open Gym	4pm-6pm Rental
5pm-10pm YMCA Sports	5pm-8pm YMCA Sports	5pm-9pm YMCA Sports	5pm-8pm YMCA Sports	5pm-7:30pm YMCA Sports		6pm-7pm Open Gym
	8pm-10pm Open Gym	9pm-10pm Open Gym	8pm-10pm Open Gym	7:30pm-9pm Open Gym		

**Open Gym-** During open gym, the court may be used for shoot around or if NOT busy, full court court pick up may be played.

**Pickleball-** During this time, the court will be set up to play Pickleball.

**Adult Pick Up-** Pick up games may be played full court by adults 18 and over.

**YMCA Sports-** During this time, the court will be closed for our YMCA youth and/or adult sports programs.

**Youth Development-** During this time, the court will be reserved for for our youth development programs.

**Rental-** During this time, the court is closed for a group that has rented this court from the Y.

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## FALL GYM SCHEDULE

### COURT 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5am-9am Open Gym	5am-8am Adult Pick Up	5am-8am Open Gym	5am-8am Adult Pick Up	5am-8am Open Gym	7am-7pm Open Gym	12pm-12:30pm Shoot Around
9am-10:30am Group Ex	8am-9am Open Gym	8am-9:30am Group Ex	8am-9am Open Gym	8am-9:30am Group Ex		12:30pm-2pm Open Gym
10:30am-5:30pm Open Gym	9am-10:30am Group Ex	9:30am-5:30pm Open Gym	9am-10:30am Group Ex	9:30am-5:30pm Open Gym		2pm-5pm YMCA Sports
5:30pm-6:00pm Half Court Pick Up (A) Shoot Around (B)	10:30am-5:30pm Open Gym	5:30pm-10pm Full Court Pick Up	10:30am-5:30pm Open Gym	5:30pm-6:30pm Half Court Pick Up (A) Shoot Around (B)		5pm-7pm Full Court Pickup
6:00pm-10:00pm Half Court Pick Up (A) YMCA Sports (B)	5:30pm-8:30pm Half Court Pick Up (A) Shoot Around (B)		5:30pm-8:30pm Half Court Pick Up (A) Shoot Around (B)	6:30pm-9pm Full Court Pickup		
	8:30pm-10pm Open Gym		8:30pm-10pm Open Gym			
On Saturday, September 21, Court 3 will be closed from 7am-2:30pm for Youth Sports Picture Day.						

**Adult Pick Up-** Pick up games may be played full court by adults 18 and over.

**Open Gym-** During open gym, the court may be used for shoot around or if NOT busy, full court court pick up may be played.

**Shoot Around-** During this time, the court is reserved for shoot around only. No pick up games are allowed on the court during this time.

**Full Court Pick Up-** During this time, pick up games may be played full court.

**Half Court Pick-Up-** During this time, the curtain will be pulled and half-court pick up games will be allowed on the A side.

**YMCA Sports-** During this time, the court will be closed for our YMCA youth and/or adult sports programs.

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