



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## 2019-2020 KERNERSVILLE SWIM MEET SCHEDULE:

Date	Time	Pool Space	Name of Event
<b>Sat. Sept. 28</b>	<b>8am-3pm</b>	<b>Lanes 1-8</b>	<b>TYDE Fall Kickoff</b>
Sat. Oct. 5	10am-2pm	Lanes 1-8	High Point Swim Club
<b>Fri-Sat Oct. 25-26</b>	<b>F-5-9p/Sat-8a-3p</b>	<b>Lanes 1-8</b>	<b>TYDE Dual &amp; Prep Meet</b>
<b>Fri. Nov. 8</b>	<b>5-9pm</b>	<b>Lanes 1-8</b>	<b>TYDE Fri. Night Races</b>
Mon. Nov. 18	6:30-9pm	Lanes 1-8	Bishop McGuinness HS
Tues. Nov. 19	6:30-9pm	Lanes 1-8	East Forsyth HS
Sat. Nov. 23	8am-12pm	Lanes 1-8	Atkins HS
Tues. Nov. 26	6:30-9pm	Lanes 1-8	East Forsyth HS
Fri. Dec. 6	6:30-9pm	Lanes 1-8	FCDS HS
Sat. Dec. 7	8am-12pm	Lanes 1-8	Parkland HS
Mon. Dec. 9	6:30-9pm	Lanes 1-8	Summit HS
Tues. Dec. 10	6:30-9pm	Lanes 1-8	Bishop McGuinness HS
Fri. Dec. 13	6:30-9pm	Lanes 1-8	West Forsyth HS
Tues. Dec. 17	6:30-9pm	Lanes 1-8	Glenn HS
Fri. Dec. 20	6:30-9pm	Lanes 1-8	Walkertown HS
Tues. Jan. 7	6:30-9pm	Lanes 1-8	West Forsyth HS
Fri. Jan. 10	6:30-9pm	Lanes 1-8	Glenn HS
<b>Sat. Jan. 11</b>	<b>8am-1pm</b>	<b>Lanes 1-8</b>	<b>TYDE Sat. Morning Races</b>
Fri. Jan. 17	5pm-9pm	Lanes 1-8	Central Piedmont Conf.
Sat. Jan. 18	8am-12pm	Lanes 1-8	NW Conference Meet
Tues. Jan. 28	6:30-9pm	Lanes 1-8	Summit HS
<b>Fri.-Sun. Feb 7-9</b>	<b>All Day</b>	<b>Lanes 1-8</b>	<b>TYDE Be My Valentine</b>
<b>Sat. Feb. 15</b>	<b>8am-12pm</b>	<b>Lanes 1-8</b>	<b>TYDE Prep Meet</b>
<b>Sat. Mar. 21</b>	<b>8am-12pm</b>	<b>Lanes 1-8</b>	<b>TYDE 8U Meet</b>
<b>Fri-Sat Apr. 3<sup>rd</sup>-4<sup>th</sup></b>	<b>F-5-9p/Sat-7a-3p</b>	<b>Lanes 1-8</b>	<b>TYDE Dual Meet</b>
Sat. Apr. 25	10am-12pm	Lanes 1-8	Carter HS
Sat. May 2	10am-12pm	Lanes 1-8	Carter HS

**DATES IN BOLD = TYDE MEETS**

### KERNERSVILLE FAMILY YMCA

1113 W Mountain Street, Kernersville NC 27284

P 336 996 2231 F 336 996 8605 [www.kernersvilleymca.org](http://www.kernersvilleymca.org) A United Way Agency

Our Mission: "Helping all people reach their God-given potential in spirit, mind and body." Financial Assistance available.



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## 2019-2020: HIGH SCHOOL PRACTICE SCHEDULE

Practices start Monday, October 28

### Monday-Wednesday-Friday: Mornings

6:00 - 7:00am							
L 1	L 2	L 3	L 4	L 5	L 6	L 7	L 8
Lap	Lap	EFHS	Glenn	Glenn	Glenn	Glenn	Glenn
7:00 - 8:00 am							
L 1	L 2	L 3	L 4	L 5	L 6	L 7	L 8
Lap	Lap	Lap	EFHS	EFHS	EFHS	EFHS	EFHS

### Tuesday/Thursday: Mornings

6:00 - 7:00 am							
L 1	L 2	L 3	L 4	L 5	L 6	L 7	L 8
Lap	Lap	EFHS	Glenn	Glenn	Glenn	Glenn	Glenn
7:00 - 8:00 am							
L 1	L 2	L 3	L 4	L 5	L 6	L 7	L 8
Lap	BM	BM	EFHS	EFHS	EFHS	EFHS	EFHS

### Monday - Friday: Afternoons

3:45 - 5:00 pm							
L 1	L 2	L 3	L 4	L 5	L 6	L 7	L 8
Lap	WTHS	WTHS	BM	BM	BM	BM	BM

Lap = Lap Swim

EFHS = East Forsyth HS

BM = Bishop McGuinness HS

WTHS = Walkertown HS

Glenn = Glenn HS

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