

Oct 1-31, 2019 PROGRAM POOL JERRY LONG FAMILY YMCA

Zero Depth Area is open at all times the Program Pool is open.

Slides are open during specifically indicated times. (Green Level Swimmers only)



**Pool Closed
Fri, Nov 1:
6:15pm West
HS Try Outs**

MONDAY

START	END	OPEN SWIM	PROGRAM USAGE	SLIDES
7:00am	7:30am	All Open	No Programs	Closed
7:30am	12:00pm	Zero Depth Area	Water Fitness Lanes 1-4	Closed
12:00pm	12:45pm	Shallow Lanes 1-4	Water Fitness Deep Lanes 1-4	Closed
12:45pm	2:00pm	Deep Lanes 1-4	Water Fitness Shallow Lanes 1-4	Closed
2:00pm	3:45pm	All Open	No Programs	Both Slides Open
3:45pm	4:45pm	Zero Area & Lanes 1, 2	Lap Lanes 3, 4	Both Slides Open
4:45pm	5:00pm	Zero Depth Area	Swim Lessons Shallow 1,2, lanes 3,4	Both Slides Open
5:00pm	7:15pm	Zero Depth Area	Swim Lessons Shallow 1,2, lanes 3,4	Closed
7:15pm	8:05pm	Deep Lanes 3, 4	Water Fitness Shallow Lanes 1-4	Blue Slide Only
8:05pm	9:00pm	All Open	No Programs	Both Slides Open

TUESDAY

START	END	OPEN SWIM	PROGRAM USAGE	SLIDES
8:00am	9:00am	All Open	No Programs	Closed
9:00am	10:45am	All Open	Swim Lessons Lane 4 shallow	Closed
10:45am	12:15pm	Deep Lanes 1-4	Water Fitness Shallow Lanes 1-4	Closed
12:15pm	1:00pm	All Open	No Programs	Closed
1:00pm	3:30pm	Zero Area & Lanes 1, 2	Swim Lessons Lanes 3, 4	Both Slides Open
3:30pm	5:00pm	Zero Area & Lanes 1, 2	Lap Lanes 3, 4	Both Slides Open
5:00pm	6:00pm	Zero Depth Area	Swim Lessons Shallow 1,2, lanes 3,4	Closed
6:00pm	7:35pm	Zero Depth Area	Swim Lessons Shallow 1,2, lanes 3,4	Closed
7:35pm	9:00pm	All Open	Adult Lessons Lane 4	Both Slides Open

WEDNESDAY

START	END	OPEN SWIM	PROGRAM USAGE	SLIDES
7:00am	7:30am	All Open	No Programs	Closed
7:30am	12:00pm	Zero Depth Area	Water Fitness Lanes 1-4	Closed
12:00pm	12:45pm	Shallow Lanes 1-4	Water Fitness Deep Lanes 1-4	Closed
12:45pm	2:00pm	Deep Lanes 1-4	Water Fitness Shallow Lanes 1-4	Closed
2:00pm	3:45pm	All Open	No Programs	Both Slides Open
3:45pm	4:45pm	Zero Area & Lanes 1, 2	Lap Lanes 3, 4	Both Slides Open
4:45pm	5:00pm	Zero Depth Area	Swim Lessons Shallow 1,2, lanes 3,4	Both Slides Open
5:00pm	7:15pm	Zero Depth Area	Swim Lessons Shallow 1,2, lanes 3,4	Closed
7:15pm	8:05pm	Deep Lanes 3, 4	AquaZumba® Shallow Lanes 1-4	Blue Slide Only
8:05pm	9:00pm	All Open	No Programs	Both Slides Open

THURSDAY

START	END	OPEN SWIM	PROGRAM USAGE	SLIDES
8:00am	9:00am	All Open	No Programs	Closed
9:00am	10:45am	Lanes 1, 2 Deep	Swim Lessons Lane 4	Closed
10:45am	12:15pm	Deep Lanes 1-4	Water Fitness Shallow Lanes 1-4	Closed
12:15pm	1:00pm	All Open	No Programs	Closed
1:00pm	3:30pm	Zero Area & Lanes 1, 2	Swim Lessons Lanes 3, 4	Both Slides Open
3:30pm	5:00pm	Zero Area & Lanes 1, 2	Lap Lanes 3, 4	Both Slides Open
5:00pm	6:00pm	Zero Depth Area	Swim Lessons Shallow 1,2, lanes 3,4	Closed
6:00pm	7:35pm	Zero Depth Area	Swim Lessons Shallow 1,2, lanes 3,4	Closed
7:35pm	9:00pm	All Open	Adult Lessons Lane 4	Both Slides Open

Pool Closed
Fri, Nov 1:
6:15pm
West HS Try
Outs

FRIDAY

START	END	OPEN SWIM	PROGRAM USAGE	SLIDES
7:00am	7:30am	All Open	No Programs	Closed
7:30am	12:00pm	Zero Depth Area	Water Fitness/Swim Lesson 1-4	Closed
12:00pm	12:45am	Shallow Lanes 1-4	Water Fitness Deep Lanes 1-4	Closed
12:45pm	2:00pm	Deep Lanes 1-4	Water Fitness Shallow Lanes 1-4	Closed
2:00pm	3:45pm	All Open	No Programs	Both Slides Open
3:45pm	4:45pm	Zero Area & Lanes 1, 2	Lap Lanes 3, 4	Both Slides Open
4:45pm	6:00pm	Zero Area & Lanes 1, 2	Lap Lanes 3, 4	Both Slides Open
6:00pm	8:45pm	All Open	No Programs * Unless Make up lessons	Both Slides Open

SATURDAY

START	END	OPEN SWIM	PROGRAM USAGE	SLIDES
7:00am	7:30am	All Open	No Programs	Closed
7:30am	8:15am	Lanes 1-3	Adult Swim Lesson Lane 4	Closed
8:15am	9:00am	Deep Lanes 1-4	AquaZumba® Shallow Lanes 1-4	Closed
9:00am	11:30am	Lanes 1, 2 Deep	Swim Lessons Lanes 1,2 shallow/3,4	Closed
11:30am	6:00pm	All Open	Pool closes 6pm-Kids Night Out-9 th	Both Slides Open

SUNDAY

START	END	OPEN SWIM	PROGRAM USAGE	SLIDES
12:00pm	1:30pm	All Open	No Programs	Both Slides Open
1:30pm	3:15pm	Lanes 1-3	Swim Lessons Lane 4	Both Slides Open
3:15pm	6:00pm	All Open	No Programs	Both Slides Open

Multiple activities are often scheduled in this pool at the same time.

- Lane changes are made by the lifeguard 5 minutes before the time indicates.
- Please get equipment (kickboards, pull buoys, etc) before entering the pool and please put them away after use.

SWIM TEST POLICY:

- Children 8th grade and younger must be swim tested to determine swim level.
- All elementary age children (5th grade & under) must have a parent or guardian (18+) on pool deck/area at all times regardless of swim level.
- Color bands must be worn – GREEN (Swimmer-can swim anywhere), YELLOW (Beginner-shallow only), RED (Non-swimmer-shallow end only)
 - See Swim Test Policy for details regarding the swim tests.
 - RED level swimmers MUST be accompanied by an adult within arm’s reach.
 - One adult cannot be responsible for more than 2 RED level swimmers. Personal Flotation Device is recommended for RED level swimmers.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.