



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NEW
CURRICULUM
ADDED IN 2019!

BEST SUMMER EVER™



**SUMMER
EXPLORATION
ACADEMY**
Summer Day Camp
Wilkes Family YMCA
#BestSummerEver





WELCOME

exciting activities that engages both the mind and body! In addition to traditional summer activities, summers at the Y for 2019 will include time every day for reading, character development, STEM education, and college and career prep for teens. Summer Exploration Academy/Day Camp at the Y also include an hour of physical activity every day to help combat childhood obesity. Enroll now so your child or teen can spend time enjoying summer while expanding his or her personal development!

There's never a dull moment during Summer Exploration Academy/Day Camp at the Y! Summer is a time for fun, but it's also the perfect time for personal exploration through fun and

SUMMER EXPLORATION ACADEMY/DAY CAMP

AGES: Completed K-5th grades. Campers are grouped into age-appropriate huddles with a 1:15 counselor to camper ratio.

DAYS/HOURS: Monday-Friday, 6:20am - 6:00pm

SESSIONS: 1-12 (11 weeks depending on school snow make up days)

REGISTRATION FEE: \$40 (one-time, non-refundable)

WEEKLY FEE: \$105 Members/\$125 Potential Members (prorated weeks are marked with an *, \$65 members/\$75 potential members)

WEEKLY DEPOSIT: \$5 to ensure your child has a spot, a non-refundable deposit is required for all of the weeks you anticipate your child will attend.)

PAYMENTS: Due on the Wednesday before each session (late fees apply after due date). Afternoon snack and juice included. Parents must provide lunch for their campers sessions 10 - 12. **Lunch is provided sessions 1-9.**

ITEMS TO BRING: Please bring a towel, sunscreen, bug spray and bathing suit (one piece for girls).

SESSION	ACADEMY DATE	THEME
1	June 3-7	Week of Firsts
2	June 10-14	Top Chef
3	June 17-21	Party in the USA
4	June 24-28	Lab Rats
5*	July 1-3	Wonder Emporium
6	June 8-12	Waterpaloosa
7	July 15-19	Time Warp
8	July 22-26	Fitness Frenzy
9	July 29-August 2	Artful Antics
10	August 5-9	Space Jam
11	August 12-16	Off the Grid
12	August 19-23	Goin' Green

SAMPLE DAILY SCHEDULE

6:20am	Rides In: Activity Stations; Board Games, Four Square, Music
9:00am	Assembly: Opening Ceremony, Devotions
9:45am	Snack Time
10:00am	Outdoor Huddle Activities: Kickball, Themed Activities, Arts & Crafts, Archery
12:00pm	Lunch
12:45pm	Swimming (Optional swimming lessons available for an extra fee)
2:15pm	Indoor Huddle Activities, including reading time
3:45pm	Snack Time
4:00pm	Closing Assembly
4:30pm	Rides Out Activities
6:00pm	Camp Closes

3 DAY SUMMER EXPLORATION ACADEMY/DAY CAMP OPTION

You can experience the fun of traditional day camp, meet new friends, and make summer memories - in half the time. We offer great options to meet any schedule.

Three day camp provides the flexibility parents need.

AGES: Completed K-5th grades.

DAYS/HOURS: Monday-Friday, 6:20am - 6:00pm

SESSIONS: 1-12

REGISTRATION FEE: \$40 (one-time, non-refundable)

WEEKLY FEE: \$65 Members/\$75 Potential Members (You choose days.)

WEEKLY DEPOSIT: \$5 to ensure your child has a spot, a non-refundable deposit is required for all of the weeks you anticipate your child will attend.)

PAYMENTS: Due on the Wednesday before each session (late fees apply after due date). Parents must indicate which days the child will be attending at the time payment is due. Parents must provide lunch for their camper sessions 10-12. **Lunch is provided sessions 1-9.**

SESSION	ACADEMY DATE	THEME
1	June 3-7	Week of Firsts
2	June 10-14	Top Chef
3	June 17-21	Party in the USA
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FINANCIAL ASSISTANCE

The Y is committed to supporting working families, and to ensure every child has the opportunity to benefit from our camps, Financial Assistance is available for those in need. Please complete the Financial Assistance Application (available at your local branch or online). Return the completed application along with two current paycheck stubs and your most recent federal tax return to your local branch. Please allow two weeks for processing. Funding for Summer Day Camp Financial Assistance is provided by the YMCA of Northwest North Carolina's Annual Giving Campaign and the United Way. The Wilkes Family YMCA sites are state-licensed and accept DSS vouchers. If you do not qualify for DSS assistance but are still in need of financial assistance, you must first attempt to go through DSS and receive a denial letter. Please bring the letter with other materials required for the Open Doors application. A United Way Agency.

CONTACT: Kim "Bubbles" Dalton at 336 838 3991 or k.dalton@ymcanwnc.org

KIDDIE SUMMER CAMP

Kiddie Camp is a camp experience where campers participate in traditional day camp activities. These activities include field/gym games, arts and crafts, environmental education, songs, daily snacks, and devotions. This will give these “younger” campers a chance to experience our traditional day camp while getting the “one-on-one” care needed for children of this age. We ask that you bring your child breakfast and lunch. The YMCA will supply a morning snack for each camper. Please inform us of any food allergies your child may have. Each camper will need to bring a bag of extra clothes in case of an accident. We ask that you do not send toys or electronics of any sort (games, toys, phones, etc.).

AGES: 3-5 (potty trained preferred)

DAYS/HOURS: Monday-Friday, 8:00am - 4:00pm

SESSIONS: 1-12

REGISTRATION FEE: \$40 (one-time, non-refundable)

WEEKLY FEE: \$85 Members/\$105 Potential Members. (prorated weeks are marked with an *, \$60 Members/\$80 Potential Members)

WEEKLY DEPOSIT: \$5 to ensure your child has a spot, a non-refundable deposit is required for all of the weeks you anticipate your child will attend.)

PAYMENTS: Due on the Wednesday before each session (late fees apply after due date). Parents must indicate which days the child will be attending at the time payment is due. Lunch is provided sessions 1-9. Parents must provide lunch for their camper sessions 10-12.

LIMITED SPACE: Only 8 spots per week.

SESSION	CAMP DATE	THEME
1	June 3-7	Week of Firsts
2	June 10-14	Top Chef
3	June 17-21	Party in the USA
4	June 24-28	Lab Rats
5*	July 1-3	Wonder Emporium
6	June 8-12	Waterpalooza
7	July 15-19	Time Warp
8	July 22-26	Fitness Frenzy
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3 DAY OPTION

You can experience the fun of traditional day camp, meet new friends, and make summer memories - in half the time. We offer great options to meet any schedule. Three day camp provides the flexibility parents need.

AGES: 3-5 (potty trained preferred)

DAYS/HOURS: Monday-Friday, 8:00am - 4:00pm

SESSIONS: 2-13

WEEKLY FEE: \$65 Members/\$85 Potential Members (You choose days.)

WEEKLY DEPOSIT: \$5 to ensure your child has a spot, a non-refundable deposit is required for all of the weeks you anticipate your child will attend.)

PAYMENTS: Due on the Wednesday before each session (late fees apply after due date). Parents must indicate which days the child will be attending at the time payment is due.

SESSION	CAMP DATE	THEME
1	June 3-7	Week of Firsts
2	June 10-14	Top Chef
3	June 17-21	Party in the USA
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SPORTS CAMPS

All sports camps will be broken down into listed age groups and remain independent of one another.

IMPORTANT INFORMATION:

WEEKLY DEPOSIT: \$5 (To ensure your child has a spot, a non-refundable deposit is required for all of the weeks you anticipate your child will attend.)

SPORTS CONDITIONING CLINIC

This program is for rising middle and high school students that want to have fun, be active or just want to improve their fitness levels and health. It's also for young athletes that want to enhance their strength, flexibility, speed and agility. Designed for all fitness and skill levels; this program will include circuit training, functional exercises, and drills to promote the benefits of fitness, teamwork, and healthy competition. Space is limited. Registration begins May 15.

SESSION: 2 (June 11-14), 4 (June 25-28) and 6 (June 9-12)

DAYS/HOURS: Monday-Thursday, 9:00am-10:30am

WEEKLY FEE: \$50 Members / \$65 Potential Members per session

SPORTS CAMPS cont.

VOLLEYBALL CLINIC

Taught by Natalie Tribble, North Iredell High School Coach (State Champs 2017), this camp will help work on volleyball skills during the summer months, focusing on the fundamentals of Volleyball.

LOCATION: Wilkes Family YMCA Gym

AGES: One Middle School clinic, one High School clinic

SESSION: TBD

DAYS/HOURS: TBD

WEEKLY FEE: \$75 Members / \$90 Potential Members

BASKETBALL CLINIC

Taught by Brent Cowles and Trey Holmes of Wilkes Hoop Group, this camp will help work on basketball skills during the summer months.

LOCATION: Wilkes Family YMCA

AGES: 5-18

SESSION: TBD

DAYS/HOURS: TBD

WEEKLY FEE: \$75 Members / \$90 Potential Members

SOCCER CLINIC

Taught by Wesley Golds, Head Coach of the West Wilkes HS Blackhawks, this camp will help work on soccer skills during the summer months. The men's soccer team will be running the clinic.

LOCATION: Wilkes Family YMCA Backfield

AGES: 6-13, coed

SESSIONS: 1 (June 3, 4, 6, and 7)

DAYS/HOURS: Monday, Tuesday, Thursday and Friday, 6:00pm-8:00pm

WEEKLY FEE: \$60 Members / \$75 Potential Members

FASTPITCH SOFTBALL CLINIC

Taught by Michael Woodruff, West Wilkes High School Softball Coach, this half-day camp will help work on softball skills during the summer months.

LOCATION: Rivers Edge

AGES: Rising 1st-8th grade

SESSION: TBD

DAYS/HOURS: TBD

WEEKLY FEE: \$60 Members / \$75 Potential Members

SUMMER SWIM ACADEMY

SUMMER SWIM CAMPS (5 DAY PROGRAM)

Participants will spend 60-80 minutes engaged in activities that will help them progress in their swimming skills. Then they will spend 30-45 minutes playing games and having free swim, all while continuously working on their skills and endurance. The remainder of the time is spent changing clothes, eating a packed lunch, and playing on the playground or indoors depending upon the weather.

AGES: 5-12

SESSIONS: 2 (June 10-14), 7 (July 15-19), 9 (July 29-August 2)

DAYS/HOURS: Monday-Friday

TIMES: June 10-14: 10:00am - 1:00pm,

July 15-19: 11:00am - 1:00pm,

July 29-August 2: 12:00pm - 1:00pm

WEEKLY FEE: \$60 Members / \$75 Potential Members

Registration begins April 1st. Only 18 spots available for each session.

SAFETY AROUND WATER

This program is for NON-SWIMMERS of all ages and is free. Registration opens April 1st. Only 100 spots available. Registrants will be screened to ensure they are non-swimmers.

AGES: 4+

SESSIONS: 1 (June 3-7)

PRESCHOOL (3-5) TIMES: 10:00am-10:40am, 11:00am-11:40am, 5:00pm-5:40pm, 6:00pm-6:40pm

YOUTH (6-12) TIMES: 10:00am-10:45am, 11:00am-11:45am, 5:00pm-5:45pm, 6:00pm-6:45pm

TEEN/ADULT (13+) TIMES: 10:00am-10:45am, 11:00am-11:45am, 5:00pm-5:45pm, 6:00pm-6:45pm

FEE: FREE for Wilkes Co. Residents. 25 people per session.

SUMMER SWIM LESSONS

Children will build confidence and learn to swim in a fun and safe environment while making friends in the water. Swim lessons are available during the summer for ages 3 and up at various times during the day.

AGES: 4+

DAYS/HOURS: Monday-Thursday

SESSIONS: 3/4: June 17-28, 6/7: July 8-19, 8/9:

July 22-August 2, 10/11: August 5-16

PARENT/CHILD (6-36 month) TIMES:

5:00pm-5:30pm, 6:00pm-6:30pm

PRESCHOOL (3-5) TIMES:

5:30pm-6:00pm, 6:30pm-7:00pm

YOUTH (6-12) TIMES:

5:30pm-6:15pm, 6:30pm-7:15pm

TEEN/ADULT (13+) TIMES:

5:30pm-6:15pm, 6:30pm-7:15pm

FEES: \$48 Members / \$88 Potential Members

CONTACT: Richard Huffman at 336 838 3993 or r.huffman@ymcanwnc.org