








WE LOVE HAVING YOU AS A MEMBER



October Member Appreciation Calendar of Events

IT'S MEMBER APPRECIATION MONTH!

We want to thank you for being a member of the Jerry Long Family YMCA! This October we have tons of great activities planned so mark your calendar and stop by the welcome desk for more info.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Chick-Fil-A 9am-1pm	2	3	4 Character Drawing with Robin 9am-12pm	5	6
7	8 Walgreen's Flu Shots 10am-12:30pm	9	10 Riccobene Family Dentistry 5-8pm	11	12 Fall Flavor Friday Enjoy Fall Coffee Creamer in the Lobby	13 
14	15 Optimal Health 9am-1pm 	16 Stagecoach Chiropractic 9am-1pm	17 	18 Blood Drive 10:30am-3pm Walgreens Flu Shots 10am-12:30pm	19	20 
21 Monster Dash & Goblin Hop 2-4pm, Village Point Greenway 	22 Pie Guys 5-8pm	23 Know Your Numbers Novant Screening 8am-12pm	24	25 Moe's Southwest Grill 5-8pm	26 Fall Festival FREE to all! 6-8pm 	27
	29	30 Allegacy 9am-12pm	31 Spooky Photo Booth Fun! 			

STOP BY THE FRONT DESK TO PICK UP A CALENDAR!