

STATESVILLE FAMILY YMCA DANCE ACADEMY

CLASS DESCRIPTIONS

PRE-SCHOOL DANCE

Combining ballet, jazz, creative movement and tumble, this class will develop your child's coordination as well as an understanding of dance concepts and terminology. Tap shoes required.

BALLET

Dream of becoming a ballet dancer? Learn grace and poise as we teach the fundamentals of Classical Ballet technique with an emphasis on vocabulary and terminology.

BALLET/TAP/JAZZ COMBO

Combining ballet technique and warm up, jazz combinations and tap technique this fun class has it all. Kids will learn jazz and tap routines. Tap shoes required.

LYRICAL

Lyrical/Contemporary dance is a ballet based genre with an emphasis on balance, control, and extension. It is expressive, emotional and interpretive. Foot undies required.

MODERN

A fusion of Ballet, Jazz and Contemporary this class allows students to explore their individual style outside of the structured Ballet or Jazz class. No shoes required.

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HIP HOP

Hip Hop is a high energy class that infuses the latest styles of street dancing, breaking, popping and locking. Class encourage students to step outside of the box by bringing their own individual style and personality to the movements. Hip hop sneakers required.

MUSICAL THEATER

Students will learn the foundations of musical theater dance including body awareness, musicality, and performing skills which draws heavily from ballet and jazz technique. Learning theatrical dance and acting students will have the opportunity to learn dances from Broadway shows. Jazz shoes required.

ACRO DANCE

Acro dance is a style of dance that combines classical dance technique with precision acrobatic elements. It is defined by its athletic character, its unique choreography, which seamlessly blends dance and acrobatics, and its use of acrobatics in a dance context.