KERNERSVILLE FAMILY YMCA - NOVEMBER COMMUNITY POOL SCHEDULE

	MON	TUE	WED	THU	FRI	SAT	SUN
LAP SWIM	5a-6a Lanes 2-8						
	6a-7a Lanes 2-6						
	7a-8a Lanes 2&3					8a-9a Lanes 2-8	
	8a-3:45p Lanes 2-8					9a-9:45a Lanes 2-7	
	3:45p-4:30p Lanes 7&8				3:45p-4:45p Lanes 7&8	9:45a-5:30p Lanes 2-8	1p-5:30p Lanes 2-8
	5p-5:30p Lanes 2,3,5,&6				4:45p-6:15p Lanes 2,3, 5-8		
	5:30p-6:15p Lanes 2&3				6:15p-7:30p Lanes 5-8		
	6:15p-7:15p Lane 1						
	7:15p-8:30p Lanes 1&2						
OPEN SWIM	5a-6:15p Lane 1				5a-7:30p Lane 1	8a-5:30p Lane 1	1p-5:30p Lane 1
SWIM LESSONS						9a-9:45a Lanes 8	
HIGH SCHOOL SWIM TEAM	6a-7a Lanes 7&8						
	7a-8a Lanes 4-8						
	3:45p-4:45p Lanes 2-6						
	5p-6p Lane 4						
	6:15p-7:15p Lanes 2-4						
	7:30p-8:30p Lanes 3-8						
TYDE	4:30p-5:30p Lanes 7&8						
	5:30p-7:30p Lanes 5-8						

Lifeguards have the final authority in regards to pool policies and usage

Children 8th grade and younger must be swim tested to determine swim level. All elementary age children must have a parent/guardian (18+) on pool deck at all times regardless of swim ability.

IMPORTANT NOTES

Schedule subject to change

Multiple activites are often scheduled at the same time
Lane allocation will adjust depending on participation numbers

SWIM TESTS

Lane 1 is used as needed for swim tests.

HIGH SCHOOL SWIM MEETS

Pool area will close at 5pm for high school swim meets on these dates: 11/13, 11/18, & 11/20

POOL RULES

Lap lanes are for lap swim only

Open swim/Activity lanes are for water exercise or open water activities

Water fitness equipment is for adult use only

SWIM TEST POLICY

Green-anywhere

Yellow-roped off shallow end only

Red-roped off shallow end only and must have an adult within arms reach at all times

Pool Closure 11/4/2026 8am-5pm due to power outage