FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

November 2026 LAP POOL SCHEDULE – Wilkes Family YMCA

OPEN – For any use **LAP – For lap swim training** **WF – Water Fitness** **SL – Swim Lessons**
TYDE – TYDE Swim Team **HS – High School Swim Team**

Lap Pool schedule only shows *scheduled* program.
Outside of these events: lap lanes 1-3 are OPEN and lap lanes 4-6 are LAP.

MONDAYS, 5AM-7:30PM	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
8AM-8:50AM	WF	WF	WF	WF	OPEN	OPEN
4PM-5PM	HS	HS	HS	OPEN	OPEN	OPEN
5PM-6PM	HS	HS	HS	TYDE	TYDE	TYDE
6PM-7:30PM	HS	HS	HS	OPEN	OPEN	OPEN

TUESDAYS, 5AM-7:30PM	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
9:30AM-10:20AM	WF	WF	OPEN	OPEN	OPEN	OPEN
4PM-6PM	HS	HS	HS	TYDE	TYDE	TYDE
6PM-7:30PM	HS	HS	HS	OPEN	OPEN	OPEN

WEDNESDAYS, 5AM-7:30PM	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
8AM-8:50AM	WF	WF	WF	WF	LAP	LAP
4PM-5:30PM	OPEN	OPEN	OPEN	HS	HS	HS

THURSDAYS, 5AM- 7:30PM	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
4PM-6PM	HS	HS	HS	TYDE	TYDE	TYDE
6PM-7:30PM	OPEN	OPEN	OPEN	HS	HS	HS

FRIDAYS, 5AM-7:30PM	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
8AM-8:50AM	WF	WF	WF	WF	LAP	LAP
9AM-9:50AM (Nov. 13th ONLY)	WF	WF	WF	WF	LAP	LAP

SATURDAYS, 8AM-5:30PM	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
11AM-11:45AM	OPEN	OPEN	OPEN	LAP	LAP	SL

SUNDAYS, 1PM-5:30PM	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
1PM-5:30PM	OPEN	OPEN	OPEN	LAP	LAP	LAP

Wilkes Family YMCA
1801 YMCA Blvd, Wilkesboro 28697
P 336 838 3991 www.wilkesymca.org
Our Mission: "Helping ALL people reach their God-given potential in spirit, mind and body."

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POOL RESERVATIONS AND/OR CLOSURES:

Friday, November 20: Pool deck closing at 3:45pm for HS Swim Meet
Thursday, November 26: Branch closed for Thanksgiving Day

IMPORTANT NOTES:

- Multiple activities are often scheduled in the Pools at the same time.
- Lane allocation will adjust depending on participation numbers.
- The On-Deck changing room closes 15 minutes after the pool deck closes.
- Please get equipment (kickboards, pull buoys, etc.) before entering the pool and please put them away after use. Equipment are for lap swimmers only.
- Pool rules (posted) must be followed and lifeguards have the final say including on all swim tests.

SWIM TEST POLICY:

- Children 8th grade and younger are encouraged to take swim test to determine swim level.
- Retrieve swim band from front desk if a valid swim test is on file, otherwise see lifeguard to be tested.
- All elementary age children (5th grade & under) must have a parent or guardian (18+) on pool deck/in the pool at all times regardless of swim level.
- Middle school students (6th-8th grade) are allowed in the pool without a parent with completion of Middle School Orientation and passing the green swim test.
- Color bands must be worn – GREEN (Swimmer-can swim anywhere), YELLOW (Beginner-sunshine pool & shallow end of lap pool or parent within arm's reach in the deep end of lap pool), RED (Non-swimmer-small pool with PFD or parent within arm's reach in the pool.)
    - See Swim Test Policy for details regarding the swim tests.
    - One adult cannot be responsible for more than 2 RED level swimmers without lifejacket. We will allow a 1 adult to 4 red band swimmers/nonswimmers as long as all children are in life jackets.
    - Personal Flotation Device is recommended for RED level swimmers.

Any questions/concerns contact:
Aquatics Director, Megan Dye m.dye@ymcanwnc.org

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November 2026 SUNSHINE POOL SCHEDULE – Wilkes Family YMCA

MONDAYS	
5AM-9AM	OPEN
9AM-11:50AM	WF
11:50AM-5PM	OPEN
5:30PM-6:50PM	SL (USES ½ OF THE POOL)
6:50PM-7:30PM	OPEN

TUESDAYS	
5AM-5PM	OPEN
5PM-5:30PM	SL (USES ½ OF THE POOL)
5:30PM-7:30PM	OPEN

WEDNESDAYS	
5AM-9AM	OPEN
9AM-11:50AM	WF
11:50AM-7:30PM	OPEN

THURSDAYS	
5AM-8AM	OPEN
8AM-9:50AM	WF
9:50AM-5PM	OPEN
5PM-5:30PM	SL (USES ½ OF THE POOL)
5:30PM-7:30PM	OPEN

FRIDAYS	
5AM-9AM	OPEN
9AM-11:50AM	WF
11:50AM-7:30PM	OPEN

SATURDAYS	
8AM-9AM	OPEN
9AM-10:55AM	SL (USES ½ OF THE POOL)
10:55AM-5:30PM	OPEN

SUNDAYS	
1PM-5:30PM	OPEN

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