



STATESVILLE FAMILY YMCA - SEPTEMBER MAIN POOL SCHEDULE

		MON	TUE	WED	THU	FRI	SAT	SUN
LAP SWIM (Reservation)	5a-9a Lanes 3-6					5a-11a Lanes 3-6	8a-10a Lanes 3-6	1p-4:30p Lanes 3-6
	9a-10a Lanes 4-6						10a-11a Lanes 4-6	
	10a-11a Lanes 3-6	10a-4p Lanes 3-6	10a-11a Lanes 3-6	10a-4p Lanes 3-6	11a-12p Lanes 4-6	11a-3:30p Lanes 3-6		
	11a-12p Lanes 4-6		11a-12p Lanes 4-6					
	12p-5p Lanes 3-6		12p-7:30p Lanes 3-6				4p-5p Lane 3 5p-6:30p Lane 2 6:30p-7:30p Lanes 3-4	
	6:30p-7:30p Lanes 3-6	12p-5p Lanes 3-6		5p-7p Lanes 3-4				
					4p-5p Lane 3	4p-5p Lane 3		
5p-6:30p Lane 2					5p-6:30p Lane 2			
TYDE	5p-6:30p Lanes 4-6	4p-5p Lanes 4-6		4p-5p Lanes 4-6	5p-6:30p Lanes 5-6			
		5p-6:30p Lanes 3-6		5p-6:30p Lanes 3-6				
SWIM LESSONS		6:30p-7:30p Lanes 5-6		6:30p-7:30p Lanes 5-6		10a-11a Lane 3		
WATER FITNESS	9a-10a Lanes 1-3							
	11a-12p Lanes 1-3	4p-5p Lanes 1-2	11a-12p Lanes 1-3	4p-5p Lanes 1-2	11a-12p Lanes 1-3			
OPEN SWIM	5a-9a Lanes 1-2					5a-11a Lanes 1-2	8a-3:30p Lanes 1-2	1p-4:30p Lanes 1-2
	10a-11a Lanes 1-2	10a-4p Lanes 1-2	10a-11a Lanes 1-2	10a-4p Lanes 1-2	12p-3:30p Lanes 1-2			
	12p-7:30p Lanes 1-2	5p-6:30p Lane 1	12p-7:30p Lanes 1-2	5p-6:30p Lane 1	4:30p-7p Lanes 1-2			
		6:30p-7:30p Lanes 1-2		6:30p-7:30p Lanes 1-2				

Lifeguards have the final authority in regards to pool policies and usage

Children 8th grade and younger must be swim tested to determine swim level. All elementary age children must have a parent/guardian (18+) on pool deck at all times regardless of swim ability.

IMPORTANT NOTES

Schedule subject to change

Multiple activities are often scheduled at the same time
Lane allocation will adjust depending on participation numbers

SWIM LESSONS

Makeup lessons held Fridays 1p-2p or 5:30p-7:30p if canceled Tu-Th

POOL RULES

Lap lanes are for lap swim only
Open swim is for water exercise or open water activities
Water fitness equipment is for adult use only

SWIM TEST POLICY

Green-anywhere

Yellow-shallow end only

Red-shallow end with adult only