



KERNERSVILLE FAMILY YMCA COMMUNITY POOL SCHEDULE SEPTEMBER 2026

	MON		TUES		WED		THURS		FRI		SAT		SUN	
LAP SWIM	5:00am - 4:30pm (Lanes 2-8)						All Day (Lanes 2-8)		8-9:00am (Lanes 2-8)		All Day (Lanes 2-8)			
	4:30pm - 5:30pm (Lanes 2-6)								9-9:45am (Lanes 2-7)					
	5:30pm - 7:45pm (Lanes 2-4)								9:45am-5:30pm (Lanes 2-8)					
	7:45pm - 8:30pm (Lanes 2-4)													
FREE SWIM	All Day (Lane 1)													
SWIM LESSONS	September 14-24 9:00am - 11:30am (Lanes 5-8)								9-9:45am (Lane 8)					
	6-6:45pm (Lane 4)			6-6:45pm (Lane 4)										
TYDE	4:30-5:30pm (Lanes 7-8)													
	5:30-7:45pm (Lanes 5-8)													

SPECIAL EVENTS

September 7: Labor Day Community Pool Hours (All Lanes) 8:00am - 3:30pm

September 12: Special TYDE Practice (Lanes 3-8) 8:00am - 9:00am

September 14-24: Safety Around Water Swim Lessons (Lanes 5-8) Monday - Thursday from 9:00am - 11:30am

September 19: TYDE Fall Kickoff Swim Meet (Pool Closed) 8:00am - 3:00pm

YOUTH SWIM POLICY

Accompanied Minors: All youth 5th grade & under must have a parent or guardian (18+) on pool the same pool deck at all times. Youth 8th grade & under who have not completed all sessions of their YMCA Middle School Orientation must also have a parent or guardian on the same pool deck at all times.

Swim Bands & Tests: Children 8th grade and younger must wear a swim band at all times while swimming. Children must be swim tested to determine swim band level. Swim tests are provided in Lane 8. Lap swimmers should use other lanes when they are available. If no other lanes are available, lap swimmers may be asked to share the lane for a swim test. Swim tests are valid for 365 days. Children with valid swim tests may receive a swim band at the Membership Desk. See our Swim Test Policy for more details.

IMPORTANT NOTES

Lane Allocation: Lifeguards have the final say regarding pool policies and lanes usage. Lane allocation may adjust depending on participation numbers. Lane changes can be made by the lifeguard up 5 minutes before the time of the scheduled activity.

Lane Usage: If all lanes are full, swimmers are expected to share lanes. To avoid accidents, please get the swimmer's attention before entering an occupied lane. If 2 swimmers are sharing a lane they may elect to split the lane in half. Please circle swim when 3+ swimmers are sharing a lane.

Equipment: Please get equipment (kickboards, pull buoys, etc.) before entering the pool and put them away after use.

QUESTIONS? Aquatics Director: Katie Searles (k.searles@ymcanwnc.org)