



JERRY LONG FAMILY YMCA – SEPTEMBER LAP POOL SCHEDULE

	MON	TUE	WED	THU	FRI	SAT	SUN
LAP SWIM	5a-6a 6 Lap Lanes						
	6a-10:30a Lanes 1-6	6a-7a Lanes 1-2	6a-10:30a Lanes 1-6	6a-7a Lanes 1-2	6a-7a Lanes 1-2		
		7a-10:30a Lanes 1-6			7a-10:30a Lanes 1-6	7a-9a Lanes 1-6	
	10:30a-3:15p Lanes 2-6	10:30a-3:15p Lanes 2-6	10:30a-11:30a Lanes 2-6	10:30a-11:30a Lanes 2-6	7a-3:15p Lanes 1-6	9a-10:45a Lanes 3-6	
			11:30a-3:15p Lanes 1-6	11:30a-3:15p Lanes 1-6		10:45a-5:45p Lanes 1-6	12p-5:45p Lanes 1-6
	3:15p-7:30p Lane 1				3:30p-5:30p Lane 1		
	7:30p-8:45p Lanes 1-6				5:30p-7:45p Lanes 1-6		
OPEN SWIM						9a-10:45a Lanes 1-2	
MASTER SWIM	6a-7a			6a-7a	6a-7a		
TYDE	3:15p-7:45p Lanes 2-6				*3:30p-5:30p Lanes 2-6		

Lifeguards have the final authority in regards to pool policies and usage

Children 8th grade and younger must be swim tested to determine swim level. All elementary age children must have a parent/guardian (18+) on pool deck at all times regardless of swim ability.

IMPORTANT NOTES

Schedule subject to change

Multiple activities are often scheduled at the same time

Lane allocation will adjust depending on participation numbers

Labor Day hours: 8am-3:45pm

SWIM TESTS

Lane 1 is used as needed for swim tests.

*TYDE PRACTICE CHANGE

Friday, September 4th 3:30-6:45pm lanes 2-6

POOL RULES

Lap lanes are for lap swim only

Open swim/Activity lanes are for water exercise or open water activities

Water fitness equipment is for adult use only

SWIM TEST POLICY

Green-anywhere

Yellow-roped off shallow end only

Red-roped off shallow end only and must have an adult within arms reach at all times

Pool Closure 9/10-9/12