

Kernersville Family YMCA Kids Zone Jr. Activities August 2026		Theme: Back to school Colors: Yellow, red Number: 8		 the Y FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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					Free Play
3	4	5	6	7	8
8-9am Free time	8-9am Free time	8-9am Free time	8-9am Free time	8-9am Free time	Free Play
9-10am Dance party	9-10am J for jellyfish	9-10am Green popsickle stick	9-10am Build s dinosaur	9-10am Fit challange	
10-11am Storytime	10-11am Art time	10-11am Game time	10-11am Storytime	10-11am Art time	
5-6pm Free time	5-6pm Free time	5-6pm Free time	5-6pm Free time		
6-7pm Color hunt	6-7pm story time	6-7pm Dance party	6-7pm Art time		
7-8pm Bubble party	7-8pm Fit challange	7-8pm Floor is lava	7-8pm Color hunt		
10	11	12	13	14	15
8-9am Free time	8-9am Free time	8-9am Free time	8-9am Free time	8-9am Free time	Free Play
9-10am Floor is lava	9-10am Paper catepillar	9-10am Octopus paper plate	9-10am Paper apple	9-10am Color hunt	
10-11am Game time	10-11am Storytime	10-11am Floor is lava	10-11am Game time	10-11am Storytime	
5-6pm Free time	5-6pm Free time	5-6pm Free time	5-6pm Free time		
6-7pm Art time	6-7pm Color hunt	6-7pm Dance party	6-7pm Dance Party		
7-8pm Stroytime	7-8pm Bubble party	7-8pm Game time	7-8pm Storytime		
17	18	19	20	21	22
8-9am Free time	8-9am Free time	8-9am Free time	8-9am Free time	8-9am Free time	Free play
9-10am Color hunt	9-10am Paper Butterfly	9-10am Paper plate fish	9-10am Narawl	9-10am Stroytime	
10-11am Bubble party	10-11am Floor is lava	10-11am Art time	10-11am Tag	10-11am Game time	
5-6pm Free time	5-6pm Free time	5-6pm Free time	5-6pm Free time		
6-7pm Art time	6-7pm Fit challange	6-7pm Dance party	6-7pm Color hunt		
7-8pm Floor is lava	7-8pm Tag	7-8pm storytime	7-8pm Fit challange		
24	25	26	27	28	29
8-9am Free time	8-9am Free time	8-9am Free time	8-9am Free time	8-9am Free time	Free play
9-10am Art time	9-10am Paper dog	9-10am Fish paper plate	9-10am Paper plate crab	9-10am Dance party	
10-11am Fit challange	10-11am Storytime	10-11am Storytime	10-11am Bubble party	10-11am Art time	
5-6pm Free time	5-6pm Free time	5-6pm Free time	5-6pm Free time		
6-7pm Bubble party	6-7pm color hunt	6-7pm Fit challange	6-7pm Art time		
7-8pm Storytime	7-8pm Storytime	7-8pm Game time	7-8pm Floor is lava		
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8-9am Free time					
9-10am Floor is lava					
10-11am Art time					