THE Building Their *Futures* PLACE

Forsyth County YMCA Before and After School Academy

After School Academy is part of the YMCA's history of dedication to youth development. It was established to meet the needs of working parents while providing children with a fun, safe, and enriching environment. Our program offers a variety of daily activities focusing on the following:

- Academic Support (Reading and STEM)
- CATCH curriculum*
- Confidence and Character Development
- Fitness and Health Education
- Games
- Service Learning
- Homework Support
- YMCA Healthy Eating and Physical Activity Standards
- Healthy Snacks
- Arts and crafts

Learning doesn't stop when the school day ends. The Y provides the academic support needed to help students achieve their full potential. Each day is filled with educational activities that also incorporate active play to develop a lifelong love of health and wellness.

BUILD YOUR OWN PLAN:

Choose an option that works for you! After School, Spring Break and Out of School days. A one time $55 registration fee applies to all before and after school options.

After School (monthly)
- 5 days a week: $230 members / $285 potential members
- 3 days a week: $200 members / $240 potential members

Before School (monthly)
- 5 days a week: $80 members / $95 potential members

- Before School Drop In: $20/day
- After School Drop In: $25/day
- Sibling Discount: $20 per child per month after the first child
- Military/First Responder (Fire, Police, EMS) Discount: $20 per child per month

The above discounts can be applied with Financial Scholarships, but no other discounts, i.e. parents cannot receive a multi-sibling discount AND a military/first responder discount.

*CATCH stands for Coordinated Approach to Child's Health. For over 25 years, the CATCH platform has been proven to launch kids and communities toward healthier lifestyles. Originators of "GO, SLOW and WHOA" food categories, CATCH is the most cost effective means of preventing childhood obesity, in an environment that's fun and easy to sustain.

YMCA of NWNC Before and After School Academy

▶ ymcanwnc.org/afterschool

SIGN UP TODAY

Important Dates to Remember

Remember: Snow and Early Release days are included FREE in all After School options.*

SEPTEMBER		
September 7	Labor Day	CLOSED
OCTOBER		
October 12	Teacher Work Day	7:00 a.m. - 6:00 p.m.
NOVEMBER		
November 3	Teacher Work Day	7:00 a.m. - 6:00 p.m.
November 11	Veterans Day	CLOSED
November 25	Thanksgiving Holiday	7:00 a.m. - 6:00 p.m.
November 26	Thanksgiving	CLOSED
November 27	Thanksgiving Holiday	CLOSED
DECEMBER		
December 21	Winter Camp	7:00 a.m. - 6:00 p.m.
December 22	Winter Camp	7:00 a.m. - 6:00 p.m.
December 23	Winter Camp	7:00 a.m. - 6:00 p.m.
December 24	Christmas Eve	CLOSED
December 25	Christmas Day	CLOSED
December 28	Winter Camp	7:00 a.m. - 6:00 p.m.
December 29	Winter Camp	7:00 a.m. - 6:00 p.m.
December 30	Winter Camp	7:00 a.m. - 6:00 p.m.
December 31	New Years Eve	CLOSED
JANUARY		
January 1	New Year's Day	CLOSED
January 4	Winter Camp	7:00 a.m. - 6:00 p.m.
January 18	Martin Luther King Jr. Holiday	CLOSED
FEBRUARY		
February 15	Teacher Work Day	7:00 a.m. - 6:00 p.m.
MARCH		
March 10	Teacher Work Day	7:00 a.m. - 6:00 p.m.
March 26	Good Friday Holiday	CLOSED
March 29	Spring Break Camp	7:00 a.m. - 6:00 p.m.
March 30	Spring Break Camp	7:00 a.m. - 6:00 p.m.
March 31	Spring Break Camp	7:00 a.m. - 6:00 p.m.
APRIL		
April 1	Spring Break Camp	7:00 a.m. - 6:00 p.m.
April 2	Spring Break Camp	7:00 a.m. - 6:00 p.m.

OUT OF SCHOOL DAYS AT THE Y

$40 Members/$55 Potential Members

*Those not enrolled in the YMCA After School Program must pay Out of School Day prices.

SCHOOLS SERVED	PROGRAM LOCATION	
	Before School	After School
South Fork Elementary	South Fork Elementary	South Fork Elementary

MAXIMIZE YOUR SAVINGS!

Become a YMCA member and save money on After School Academy, Youth Sports, Swim Lessons, and more!

- Unlimited access to the YMCA
- Free group and family fitness classes
- Free access to swimming pool, basketball, and raquetball courts
- Free Kids Zone (formerly Child Watch) available with memberships that include dependents
- Discounted rates on Youth Sports, Swim Lessons, and other programs
- No membership contracts!

FINANCIAL ASSISTANCE

The Y is committed to turning no one away from a program or membership due to an inability to pay. Financial assistance is available through the Y's Open Doors program to those who qualify. Inquire at the YMCA for more information or call our Youth Development office at 336 777 8055. The Y is a United Way Agency.

"Every day I see my child grow more confident, kind, and capable, thanks to the incredible support and enriching experiences provided by the YMCA Before and After School Program" – Tammi

For more information, please visit www.ymcanwnc.org or your local branch.