


| Jerry Long Family YMCA<br>Kids Zone Jr. Activities<br>July 2026 |                       | Theme: Fun in the Sun<br>Colors: Red,White & Blue<br>Number: 7 & 4 |                       | <br>FOR YOUTH DEVELOPMENT<br>FOR HEALTHY LIVING<br>FOR SOCIAL RESPONSIBILITY |           |
|---|-----------------------|--|-----------------------|---|-----------|
| Monday  | Tuesday               | Wednesday  | Thursday              | Friday  | Saturday  |
|   |                       | <b>1</b>   | <b>2</b>              | <b>3</b>  | <b>4</b>  |
|   |                       | 8-9am Free Play  | 8-9am Free Play       | 8-9am Free Play   | Free Play |
|   |                       | 9-10am Paper plate Flag  | 9-10am Kinetic sand   | 9-10am 4th of July ice cream  |           |
|   |                       | 10-11am Storytime  | 10-11am Storytime     | 10-11am Storytime   |           |
|   |                       | 11am-12pm Dance Party  | 11am-12pm Dance Party | 11am-12pm   |           |
| <b>6</b>  | <b>7</b>              | <b>8</b>   | <b>9</b>              | <b>10</b>   | <b>11</b> |
| 8-9am Free Play   | 8-9am Free Play       | 8-9am Free Play  | 8-9am Free Play       | 8-9am Free Play   | Free Play |
| 9-10am Star Man   | 9-10am Parachute      | 9-10am star cut & paste  | 9-10am Kinetic Sand   | 9-10am Paper plate fans   |           |
| 10-11am Storytime   | 10-11am Storytime     | 10-11am Storytime  | 10-11am Storytime     | 10-11am Storytime   |           |
| 11am-12pm Dance Party   | 11am-12pm Dance Party | 11am-12pm Dance Party  | 11am-12pm Dance Party | 11am-12pm Dance Party   |           |
| <b>13</b>   | <b>14</b>             | <b>15</b>  | <b>16</b>             | <b>17</b>   | <b>18</b> |
| 8-9am Free Play   | 8-9am Free Play       | 8-9am Free Play  | 8-9am Free Play       | 8-9am Free Play   | Free Play |
| 9-10am Pool Float   | 9-10am Parachute      | 9-10am Hand print ice cream  | 9-10am Kinetic Sand   | 9-10am Beach Ball cut & paste   |           |
| 10-11am Storytime   | 10-11am Storytime     | 10-11am Storytime  | 10-11am Storytime     | 10-11am Storytime   |           |
| 11am-12pm Dance Party   | 11am-12pm Dance Party | 11am-12pm Dance Party  | 11am-12pm Dance Party | 11am-12pm Dance Party   |           |
| <b>20</b>   | <b>21</b>             | <b>22</b>  | <b>23</b>             | <b>24</b>   | <b>25</b> |
| 8-9am Free Play   | 8-9am Free Play       | 8-9am Free Play  | 8-9am Free Play       | 8-9am Free Play   | Free Play |
| 9-10am Hand print crab  | 9-10am Parachute      | 9-10am Paper plate palm tree                                       | 9-10am Kinetic Sand   | 9-10am pom pom popsicle   |           |
| 10-11am Storytime   | 10-11am Storytime     | 10-11am Storytime  | 10-11am Storytime     | 10-11am Storytime   |           |
| 11am-12pm Dance Party   | 11am-12pm Dance Party | 11am-12pm Dance Party  | 11am-12pm Dance Party | 11am-12pm Dance Party   |           |
| <b>27</b>   | <b>28</b>             | <b>29</b>  | <b>30</b>             | <b>31</b>   |           |
| 8-9am Free Play   | 8-9am Free Play       | 8-9am Free Play  | 8-9am Free Play       | 8-9am Free Play   |           |
| 9-10am Paper plate fish   | 9-10am Parachute      | 9-10am paper plate turtle  | 9-10am Kinetic Sand   | 9-10am Sun  |           |
| 10-11am Storytime   | 10-11am Storytime     | 10-11am Storytime  | 10-11am Storytime     | 10-11am Storytime   |           |
| 11am-12pm Dance Party   | 11am-12pm Dance Party | 11am-12pm Dance Party  | 11am-12pm Dance Party | 11am-12pm Dance Party   |           |