

## April 2026–SMALL POOL SCHEDULE: Statesville Family YMCA

**Swim Lessons (SL) – Tuesdays & Thursdays from 5:30pm to 7:30pm, & Wednesdays 1pm to 2pm; Saturdays from 10am to 12:05pm**  
**Class – Refer to Water Fitness Class Schedule**  
**Safety Around Water Swim Lesson (SAW) –N.B.Mills Elementary School 4/7–4/10 from 11:30am–1:30pm; Success Institute on Thursdays from 1pm–2pm**  
**PHC Physical Therapy & Rehab Services (PHC)–Aqua Therapy Session through Piedmont Healthcare Rehab services Tuesdays & Fridays at 1pm**

|                    |       |
|--------------------|-------|
| <b>MONDAYS</b>     |       |
| <b>5AM–10AM</b>    | OPEN  |
| <b>10AM–11AM</b>   | CLASS |
| <b>11AM–7:30PM</b> | OPEN  |

|                      |       |
|----------------------|-------|
| <b>TUESDAYS</b>      |       |
| <b>5AM–10AM</b>      | OPEN  |
| <b>10AM–11AM</b>     | CLASS |
| <b>11AM–1PM</b>      | OPEN  |
| <b>1PM–2PM</b>       | PHC   |
| <b>2PM–5:30PM</b>    | OPEN  |
| <b>5:30PM–7:30PM</b> | SL    |

|                   |       |
|-------------------|-------|
| <b>WEDNESDAYS</b> |       |
| <b>5AM–10AM</b>   | OPEN  |
| <b>10AM–11AM</b>  | CLASS |
| <b>11AM–1PM</b>   | OPEN  |
| <b>1PM–2PM</b>    | SL    |
| <b>2PM–7:30PM</b> | OPEN  |

|                      |       |
|----------------------|-------|
| <b>THURSDAYS</b>     |       |
| <b>5AM–10AM</b>      | OPEN  |
| <b>10AM–11AM</b>     | CLASS |
| <b>11AM–1PM</b>      | OPEN  |
| <b>1PM–2PM</b>       | SAW   |
| <b>2PM–5:30PM</b>    | OPEN  |
| <b>5:30PM–7:30PM</b> | SL    |

|                      |             |
|----------------------|-------------|
| <b>FRIDAYS</b>       |             |
| <b>5AM–10AM</b>      | OPEN        |
| <b>10AM–11AM</b>     | CLASS       |
| <b>11AM–1PM</b>      | OPEN        |
| <b>1PM–2PM</b>       | PHC         |
| <b>2PM–3:30PM</b>    | OPEN        |
| <b>3:30PM–4:30PM</b> | AFTERSCHOOL |
| <b>4:30PM–5:30PM</b> | OPEN        |

|                   |              |
|-------------------|--------------|
| <b>5:30PM-7PM</b> | SL (MAKE-UP) |
|-------------------|--------------|

|                       |      |
|-----------------------|------|
| <b>SATURDAYS</b>      |      |
| <b>8AM-10AM</b>       | OPEN |
| <b>10AM-12:05PM</b>   | SL   |
| <b>12:05PM-3:30PM</b> | OPEN |

|                   |      |
|-------------------|------|
| <b>SUNDAYS</b>    |      |
| <b>1PM-4:30PM</b> | OPEN |

### IMPORTANT NOTES:

- Multiple activities are often scheduled in the Main pool at the same time.
- Please get equipment (kickboards, pull buoys, etc.) before entering the pool and please put them away after use. Equipment are for lap swimmers only.
- If there are 2 swimmers in a lane they may elect to split the lane in half or circle swim; use circle swim when 3+ swimmers are in a lane.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

### SWIM TEST POLICY:

- Children 8<sup>th</sup> grade and younger are encouraged to take swim test to determine swim level.
- All elementary age children (5<sup>th</sup> grade & under) must have a parent or guardian (18+) on pool deck/in the pool at all times regardless of swim level.
- Middle school students (6<sup>th</sup>-8<sup>th</sup> grade) are allowed in the pool without a parent with completion of Middle School Orientation and passing the green swim test.
- Color bands must be worn – GREEN (Swimmer-can swim anywhere), YELLOW (Beginner-small pool & shallow end of big pool or parent within arm’s reach in the deep end of big pool), RED (Non-swimmer-small pool with PFD or parent within arm’s reach in the pool.)
  - See Swim Test Policy for details regarding the swim tests.
  - One adult cannot be responsible for more than 2 RED level swimmers without lifejacket. We will allow a 1 adult to 4 red band swimmers/nonswimmers as long as all children are in life jackets.
  - Personal Flotation Device is recommended for RED level swimmers.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

### SCAN HERE TO REGISTER FOR SUMMER 2026 SWIM LESSONS



#### STATESVILLE FAMILY YMCA

828 Wesley Drive, Statesville, NC 28677

P 704 873 9622 F 704 871 9160 [www.ymcairedell.org](http://www.ymcairedell.org) A United Way Agency

Our Mission: “Helping all people reach their God-given potential in spirit, mind and body.”

## April 2026-MAIN POOL SCHEDULE: Statesville Family YMCA

**Reservation (RSV) – Reserve lap lanes on app. or website**  
**Swim Lessons (SL) – Tuesdays & Thursdays from 5:30pm to 7:30pm; & Wednesdays 1pm to 2pm; Saturdays 10am to 11am**  
**TYDE – YMCA of NWNC year-round Swim Team**  
**Safety Around Water Swim Lesson (SAW) – N.B.Mills Elementary School 4/7-4/10 from 11:30am-1:30pm; Success Institute on Thursdays from 1pm-2pm**  
**Special Olympic Swim Team (SO) – Mondays from 6pm-7:30pm starting 2/16/2026 5/18/2026**

| MONDAYS     | LANE 1 | LANE 2 | LANE 3    | LANE 4    | LANE 5    | LANE 6    |
|-------------|--------|--------|-----------|-----------|-----------|-----------|
| 5AM-9:15AM  | OPEN   | OPEN   | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 9:15AM-10AM | CLASS  | CLASS  | CLASS     | RSV 60min | RSV 60min | RSV 60min |
| 10AM-11AM   | OPEN   | OPEN   | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 11AM-12PM   | CLASS  | CLASS  | CLASS     | RSV 60min | RSV 60min | RSV 60min |
| 12PM-3:45PM | OPEN   | OPEN   | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 3:45PM-5PM  | OPEN   | SAW    | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 5PM-6PM     | OPEN   | OPEN   | RSV 30min | RSV 60min | TYDE      | TYDE      |
| 6PM-7:30PM  | OPEN   | OPEN   | TYDE      | SO        | SO        | SO        |

| TUESDAYS      | LANE 1 | LANE 2 | LANE 3    | LANE 4    | LANE 5    | LANE 6    |
|---------------|--------|--------|-----------|-----------|-----------|-----------|
| 5AM-9AM       | OPEN   | OPEN   | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 9AM-9:45AM    | CLASS  | CLASS  | CLASS     | RSV 60min | RSV 60min | RSV 60min |
| 9:45AM-4PM    | OPEN   | OPEN   | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 4PM-5PM       | CLASS  | CLASS  | RSV 30min | TYDE      | TYDE      | TYDE      |
| 5PM-6:30PM    | OPEN   | OPEN   | RSV 30min | TYDE      | TYDE      | TYDE      |
| 6:30PM-7:30PM | OPEN   | OPEN   | RSV 30min | SL        | SL        | SL        |

| WEDNESDAYS    | LANE 1 | LANE 2 | LANE 3    | LANE 4    | LANE 5    | LANE 6    |
|---------------|--------|--------|-----------|-----------|-----------|-----------|
| 5AM-9AM       | OPEN   | OPEN   | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 9AM-10AM      | CLASS  | CLASS  | CLASS     | RSV 60min | RSV 60min | RSV 60min |
| 10AM-11AM     | OPEN   | OPEN   | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 11AM-12PM     | CLASS  | CLASS  | CLASS     | RSV 60min | RSV 60min | RSV 60min |
| 12PM-1PM      | OPEN   | OPEN   | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 1PM-2PM       | OPEN   | SL     | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 2PM-5PM       | OPEN   | OPEN   | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 5PM-6:30PM    | OPEN   | OPEN   | RSV 30min | RSV 60min | TYDE      | TYDE      |
| 6:30PM-7:30PM | OPEN   | OPEN   | RSV 30min | RSV 60min | RSV 60min | RSV 60min |

| THURSDAYS     | LANE 1 | LANE 2 | LANE 3    | LANE 4    | LANE 5    | LANE 6    |
|---------------|--------|--------|-----------|-----------|-----------|-----------|
| 5AM-9AM       | OPEN   | OPEN   | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 9AM-9:45AM    | CLASS  | CLASS  | CLASS     | RSV 60min | RSV 60min | RSV 60min |
| 9:45AM-4PM    | OPEN   | OPEN   | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 4PM-5PM       | CLASS  | CLASS  | RSV 30min | TYDE      | TYDE      | TYDE      |
| 5PM-6:30PM    | OPEN   | OPEN   | RSV 30min | TYDE      | TYDE      | TYDE      |
| 6:30PM-7:30PM | OPEN   | OPEN   | RSV 30min | SL        | SL        | SL        |

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|---------------|-------------|--------------|-----------|-----------|-----------|-----------|
| 5AM-11AM      | OPEN        | OPEN         | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 11AM-12PM     | CLASS       | CLASS        | CLASS     | RSV 60min | RSV 60min | RSV 60min |
| 12PM-3:30PM   | OPEN        | OPEN         | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 3:30PM-4:30PM | Afterschool | Afterschool  | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 4:30PM-6PM    | OPEN        | OPEN         | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 6PM-7PM       | OPEN        | SL (Make-Up) | RSV 30min | RSV 60min | RSV 60min | RSV 60min |

| SATURDAY    | LANE 1 | LANE 2 | LANE 3    | LANE 4    | LANE 5    | LANE 6    |
|-------------|--------|--------|-----------|-----------|-----------|-----------|
| 8AM-10AM    | OPEN   | OPEN   | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 10AM-11AM   | OPEN   | OPEN   | SL        | RSV 60min | RSV 60min | RSV 60min |
| 11AM-3:30PM | OPEN   | OPEN   | RSV 30min | RSV 60min | RSV 60min | RSV 60min |

| SUNDAY     | LANE 1 | LANE 2 | LANE 3    | LANE 4    | LANE 5    | LANE 6    |
|------------|--------|--------|-----------|-----------|-----------|-----------|
| 1PM-4:30PM | OPEN   | OPEN   | RSV 30min | RSV 60min | RSV 60min | RSV 60min |

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