

**HOMETOWN**

Winston-Salem, NC

CERTIFICATION

Fitour

NASM

SPECIALTY

Powerlifting

Functional Fitness

FAVORITE EXERCISE

Back Squat

MOTTO

It's not that you don't have time,
It's that you don't prioritize it.

AVAILABILITY

Monday-Friday

BIO

Hello I'm Wes! I was born in Winston-Salem, and have lived here all my life! I've been around sports all my life including playing football for 16 years. I am a powerlifter, and enjoy pushing myself to my maximum capabilities! Fitness is a passion of mine, and love to see others succeed!



YMCA Personal Trainer
WESLEY WRIGHT