

DAY CAMP

Day Camp is the perfect way for campers to experience all the excitement of camp while still heading home each evening. It's ideal for campers who aren't quite ready for overnight stays — or who simply love having time to recharge at home after a full day of adventure.

Designed for campers ages 6–12, each group of 12–15 campers is led by a minimum of two trained counselors as they travel together throughout camp, building friendships and trying new activities every day. Campers enjoy a wide variety of experiences, including: daily swimming at the pool, v-swing, archery, lake activities, arts & crafts, campfire, group games and more. Every day is packed with fun, growth, and unforgettable memories—then campers return home ready to share their stories and rest up for another amazing day at camp.

*Some camp activities are only available to overnight campers such as our horseback riding. Please review our website for a broader list.

DAY CAMP SESSIONS

- Session 1: June 8–12
 - Session 2: June 15–19
 - Session 3: June 22–26
 - Session 4: June 29–July 3
 - Session 5: July 6–10
 - Session 6: July 13–17
 - Session 7: July 20–24
 - Session 8: July 27–31
 - Session 9: August 3–7
- \$430 per session

*For Day Camp teen program refer to the teens program section of the brochure

TRANSPORTATION

From Jefferson Middle School
 3500 Sally Kirk Rd, Winston-Salem, NC
 6:45–7:00am
 5:30–6:00pm

Drop off at YMCA Camp Hanes
 1225 Camp Hanes Rd, King, NC
 7:30–7:55am
 4:45–5:30pm

Any Questions? Contact Riley Crisp, Program Director of Day Camp at r.crisp@ymcanwnc.org or 336 983 3131



YMCA Camp Hanes
1225 Camp Hanes Road
King, NC 27021



YMCA CAMP HANES

Established in 1927, YMCA Camp Hanes has served as a source of fun, inspiration and personal growth for generations of young people in North Carolina and beyond.

"At YMCA Camp Hanes, we believe camp should be a place where everyone feels safe, welcomed, and valued. Our mission to help people reach their God-given potential in spirit, mind and body for all. Guided by the YMCA's core values of caring, honesty, respect, responsibility, and faith, we encourage our campers to be their best selves and have an attitude of gratitude.

Financial assistance available.

NO one will be turned away because of an inability to pay.

www.camphanes.org 336 983 3131

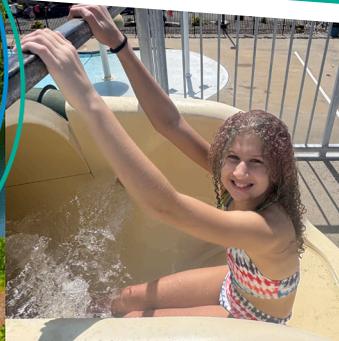


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**YMCA Camp Hanes
2026 CAMPS**

THE RIGHT PROGRAM FOR EVERY AGE.



WHAT'S A DAY LIKE AT YMCA CAMP HANES?

Breakfast
Chapel
Activity!
Lunch
Siesta*
Snack
Activity!

Snack
(4:30 Day Camp Busses depart and pick up begins)
Activity!
Dinner
Cabin Time/Rec
Evening Activity
Cabins Time
Lights Out

*Day Camp & Climbers has Siesta & Pool everyday

OVERNIGHT CAMP

Our Sunday-Friday Overnight Camp offers campers ages 6-15 a full week of exciting activities, meaningful conversations focused on character development, and lasting friendships. Our youngest campers, ages 6-9 (Climbers), begin their camp journey by rotating through activities together as a cabin with a minimum of two counselors. This supportive structure helps them adjust to being away from home while building friendships, trying new skills, and exploring camp in an age-appropriate way. Campers ages 10-12 (Mountaineers) begin to branch out beyond cabin time by participating in open lake rotations and "class choice" periods. These opportunities allow campers to explore activities that interest them while connecting with other campers in their age group and building independence. Our oldest campers, ages 13-15 (Explorers), enjoy expanded "class choice" options, giving them even more freedom to personalize their camp experience, deepen skills, and form strong connections across camp.

Session 1: June 7-12
Session 2: June 14-19
Session 3: June 21-26 (Camp Morris Only)
Session 4: June 28-July 3 (Camp Corral Only)
Session 5: July 5-10
Session 6: July 12-17
Session 7: July 19-24
Session 8: July 26-31
COST: Overnight Camp: \$1100

TEEN PROGRAM OFFERING

Do you have a teen looking for something to do this summer that's both fun and can help build skills for the future? Check out the variety of options we offer!

Campers in Leadership Training (CILT) - Day Camp

This is a 2 week long leadership program for campers ages 13-15 who are interested in serving their community and potentially working at YMCA Camp Hanes in the future. This program serves camp through cleaning between meals, assisting younger camper groups for 3 days, has one day of off site service, and a hiking trip in Hanging Rocks State Park. Transportation, meals, snacks, and some activities are similar to the traditional Day Camp experience. This program has 4 sessions that are 2 weeks long and exclude weekends.

CILT is \$490 per session.

Session 1: June 8-12/June 15-19 Session 3: July 13-17/July 20-24
Session 2: June 29-July 3/July 6-10 Session 4: July 27-31/August 2-7

LEADERS IN TRAINING (LIT) - Overnight Camp

(RISING 10TH GRADERS)

LIT is a two-week program that helps participants grow in spirit, mind and body. During their two weeks campers will spend time in sessions working on their growth as leaders. They will travel off-site to participate in community service projects as a leader within the community and spend a night off site at our nearby Hanging Rock State park on a camping trip.

Leaders In Training (weekends not included): \$1,350 per session

Session 1: June 7 -12 & June 14 - 19
Session 2: June 28 - July 3 & July 5 - 10
Session 3: July 12 - 17 & July 19 - 24

COUNSELORS IN TRAINING (CIT) - Overnight Camp

(RISING 11TH GRADERS; APPLICATION ONLY)

CIT is a two-week, hands on experience for individuals who would like to be counselors at YMCA Camp Hanes. During counselors in training, participants also learn about the importance of hard work. They develop their strengths. And they become better prepared for the future.

If you are interested in the CIT program you must submit a letter of interest to Reagan Barrett. We will follow up with all registered participants and guardians pre-summer to discuss the expectations of this program.

Counselors in Training (weekends not included): \$580 per session

Session 1: June 7 -12 & June 14 - 19
Session 2: June 28 - July 3 & July 5 - 10
Session 3: July 12 - 17 & July 19 - 24

RAFTING/CAVING ADVENTURE

(AGES 13-15: RISING 8TH-10TH GRADERS)

Our older campers who want to try out a more adventurous camp week are welcome to join our adventure camp. We will go to West Virginia to go rafting down the New River followed by the next day going caving at the Lost World Caverns all before returning to finish out the week of camp for some traditional camp experiences. This is an awesome water experience for the novice rafting adventurer and a chance to get muddy! This program allows your camper to gain both the traditional fun along with the camping experiences of sleeping in a tent and exploring the wider wilderness activities.

1,475 per session

ADV Session 5: July 5 - 10 (aligns with traditional overnight session 5)
ADV Session 6: July 12 - 17 (aligns with traditional overnight session 6)
ADV Session 7: July 19 - 24 (aligns with traditional overnight session 7)

ACTIVITIES OFFERED

The campers in each cabin participate together in daily activities. Options may include:

SWIMMING/POOL GAMES	PADDLEBOARDS	FISHING
ARTS & CRAFTS	SERVICE PROJECTS	RIFLERY*
CANOEING	VOLLEYBALL	ALPINE TOWER SPORTS
HIGH ROPES*	LOW ROPES	5-STAND SHOOTING CLAYS*
TEAM BUILDING	HIKING	(Shotgun Range)
CREEK STUDY	THE BLOB*	PAINTBALL
ZIP LINES	CLIMBING WALL*	BANANA SLIDE
OUTDOOR COOKING	ARCHERY	*Ages 10 and up
SLING SHOTS	KAYAKING	
	HORSEBACK RIDING	

EVENING ACTIVITIES

CAMPFIRES	POOL PARTIES	S'MORES
GROUP GAMES	SKIT NIGHTS	CABIN GAMES

PLEASE VISIT OUR WEBSITE FOR MORE INFORMATION AND REGISTER FOR SUMMER TODAY! www.camphanes.org

Any Questions? Contact Reagan Barrett, Program Director of Overnight and Adventure Camp, at r.lane@ymcanwnc.org or 336 983 3131 or Registrar@ymcanwnc.org