

## January 2026 POOL SCHEDULE: Davie Family YMCA

**Swim Lessons (SL) – Mondays, Tuesdays, & Thursdays from 5:30pm to 7:45pm, & Saturdays from 9:15am to 11:30am**

**Water Fitness (CLASS) – See on app or website for the class descriptions**

**TYDE – YMCA of NWNC Swim Team Practice 4:30–7:30pm**

**Swim Meet – Pool will be closed at 5pm on Jan 9th and 6pm on Jan 19th for a Swim Meets**

**Out of School Swim – Open swim lanes will be used from 1–2:30pm on Jan 2nd**

MONDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM–8:30AM	OPEN	OPEN	OPEN	LAP	TYDE	TYDE
8:30–10:15AM	CLASS	CLASS	CLASS	LAP	LAP	LAP
10:15AM–4:30PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
4:30PM–5:30PM	OPEN	OPEN	TYDE	TYDE	TYDE	TYDE
5:30PM–7:45PM	SL	SL	TYDE	TYDE	TYDE	TYDE
7:45PM–8:45PM	OPEN	OPEN	OPEN	LAP	LAP	LAP

TUESDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM–9:30AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
9:30–11:30AM	CLASS	CLASS	CLASS	LAP	LAP	LAP
11:30AM–4:30PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
4:30PM–5:30PM	OPEN	OPEN	TYDE	TYDE	TYDE	TYDE
5:30PM–7:45PM	SL	SL	TYDE	TYDE	TYDE	TYDE
7:45PM–8:45PM	OPEN	OPEN	OPEN	LAP	LAP	LAP

WEDNESDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM–8:30AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
8:30–10:30AM	CLASS	CLASS	CLASS	LAP	LAP	LAP
10:30AM–1PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
1PM–4PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
4PM–8:45PM	OPEN	OPEN	TYDE	TYDE	TYDE	TYDE

THURSDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM–9:30AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
9:30–11:30AM	CLASS	CLASS	CLASS	LAP	LAP	LAP
11:30AM–1PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
1PM–4PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
4PM–5:30PM	OPEN	OPEN	TYDE	TYDE	TYDE	TYDE
5:30PM–7:45PM	SL	SL	TYDE	TYDE	TYDE	TYDE

### DAVIE FAMILY YMCA

215 CEMETERY STREET, MOCKSVILLE, NC 27028

P 336 751 9622 F 336 751 9420

Our Mission: "Helping all people reach their God-given potential in spirit, mind and body."

<b>7:45PM-8:45PM</b>	OPEN	OPEN	OPEN	LAP	LAP	LAP
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FRIDAYS	LANE 1	LANE 2	LANE 3	LANE4	LANE 5	LANE 6
<b>5AM-8:30AM</b>	OPEN	OPEN	OPEN	LAP	TYDE	TYDE
<b>8:30-10:30AM</b>	CLASS	CLASS	CLASS	LAP	LAP	LAP
<b>10:30AM-1PM</b>	OPEN	OPEN	OPEN	LAP	LAP	LAP
<b>1PM-2PM</b>	CLASS	CLASS	CLASS	LAP	LAP	LAP
<b>2PM-4:30PM</b>	OPEN	OPEN	OPEN	LAP	LAP	LAP
<b>4:30PM-6:30PM</b>	OPEN	OPEN	TYDE	TYDE	TYDE	TYDE
<b>6:30PM-7:45PM</b>	SL (MAKE-UP)	OPEN	OPEN	LAP	LAP	LAP

SATURDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
<b>8AM-9:15AM</b>	CLASS	CLASS	CLASS	LAP	LAP	LAP
<b>9:15A-12:45PM</b>	SL	SL	SL	LAP	LAP	LAP

## IMPORTANT NOTES:

- Multiple activities are often scheduled in the Main pool at the same time.
- Please get equipment (kickboards, pull buoys, etc.) before entering the pool and please put them away after use. Equipment are for lap swimmers only.
- If there are 2 swimmers in a lane they may elect to split the lane in half or circle swim; use circle swim when 3+ swimmers are in a lane.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

## SWIM TEST POLICY:

- Children 8<sup>th</sup> grade and younger are encouraged to take swim test to determine swim level.
- All elementary age children (5<sup>th</sup> grade & under) must have a parent or guardian (18+) on pool deck/in the pool at all times regardless of swim level.
- Middle school students (6<sup>th</sup>-8<sup>th</sup> grade) are allowed in the pool without a parent with completion of Middle School Orientation and passing the green swim test.
- Color bands must be worn – GREEN (Swimmer-can swim anywhere), YELLOW (Beginner-small pool & shallow end of big pool or parent within arm's reach in the deep end of big pool), RED (Non-swimmer-small pool with PFD or parent within arm's reach in the pool.)
  - See Swim Test Policy for details regarding the swim tests.
  - One adult cannot be responsible for more than 2 RED level swimmers without lifejacket. We will allow a 1 adult to 4 red band swimmers/nonswimmers as long as all children are in life jackets.
  - Personal Flotation Device is recommended for RED level swimmers.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

Lane allocation will adjust depending on participation numbers.

Lifeguards have final say so regarding pool policies and lanes usage.

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Possible Make-ups for Swim Lessons on Wednesdays or Fridays from 5:30pm to 7:45pm.

Lane changes are made by the lifeguards 5 minutes before the time indicates.

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