



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

November 2025–SMALL POOL SCHEDULE: Statesville Family YMCA

Swim Lessons (SL) – Tuesdays & Thursdays from 5:30pm to 7:30pm, Wednesdays 1pm to 2pm, & Saturdays from 10am to 12:05pm

Class – Refer to Water Fitness Class Schedule

PHC Physical Therapy & Rehab Services (PHC)–Aqua Therapy Session through Piedmont Healthcare

Rehab services Tuesdays & Fridays at 1pm

Safety Around Water Swim Lesson (SAW) – Boys & Girls Club on Mondays from 4:30pm–5:30pm

MONDAYS	
5AM–10AM	OPEN
10AM–11AM	CLASS
11AM–4:30PM	OPEN
4:30PM–5:30PM	SAW
5:30PM–7:30PM	OPEN

TUESDAYS	
5AM–10AM	OPEN
10AM–11AM	CLASS
11AM–1PM	OPEN
1PM–2PM	PHC
2PM–5:30PM	OPEN
5:30PM–7:30PM	SL

WEDNESDAYS	
5AM–10AM	OPEN
10AM–11AM	CLASS
11AM–1PM	OPEN
1PM–2PM	SL
2PM–7:30PM	OPEN

THURSDAYS	
5AM–10AM	OPEN
10AM–11AM	CLASS
11AM–5:30PM	OPEN
5:30PM–7:30PM	SL

FRIDAYS	
5AM–10AM	OPEN
10AM–11AM	CLASS
11AM–1PM	OPEN
1PM–2PM	PHC
2PM–3:30PM	OPEN
3:30PM–4:30PM	AFTERSCHOOL
4:30PM–5:30P	OPEN
5:30PM–7PM	SL (MAKE-UP)

STATESVILLE FAMILY YMCA

828 Wesley Drive, Statesville, NC 28677

P 704 873 9622 F 704 871 9160 www.ymcairedell.org A United Way Agency

Our Mission: "Helping all people reach their God-given potential in spirit, mind and body."



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SATURDAYS	
8AM-10AM	OPEN
10AM-12:05PM	SL
12:05PM- 3:30PM	OPEN
SUNDAYS	
1PM-4:30PM	OPEN

IMPORTANT NOTES:

- Multiple activities are often scheduled in the Main pool at the same time.
- Please get equipment (kickboards, pull buoys, etc.) before entering the pool and please put them away after use. Equipment are for lap swimmers only.
- If there are 2 swimmers in a lane they may elect to split the lane in half or circle swim; use circle swim when 3+ swimmers are in a lane.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

SWIM TEST POLICY:

- Children 8th grade and younger are encouraged to take swim test to determine swim level.
- All elementary age children (5th grade & under) must have a parent or guardian (18+) on pool deck/in the pool at all times regardless of swim level.
- Middle school students (6th-8th grade) are allowed in the pool without a parent with completion of Middle School Orientation and passing the green swim test.
- Color bands must be worn – GREEN (Swimmer-can swim anywhere), YELLOW (Beginner-small pool & shallow end of big pool or parent within arm's reach in the deep end of big pool), RED (Non-swimmer-small pool with PFD or parent within arm's reach in the pool.)
 - See Swim Test Policy for details regarding the swim tests.
 - One adult cannot be responsible for more than 2 RED level swimmers without lifejacket. We will allow a 1 adult to 4 red band swimmers/nonswimmers as long as all children are in life jackets.
 - Personal Flotation Device is recommended for RED level swimmers.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

SCAN HERE TO REGISTER FOR FALL/WINTER SWIM LESSONS



POOL AREA CLOSURES DUE TO HIGH SCHOOL SWIM MEETS

- The pool area will be closed from 4pm on these days: 11/24, 12/3, 12/10, 12/17, & 1/12.

HIGH SCHOOL SWIM TEAM PRACTICE TIMES

- 3:45PM-4:45PM, 5PM-6PM, 6:15PM-7:15PM

STATESVILLE FAMILY YMCA

828 Wesley Drive, Statesville, NC 28677

P 704 873 9622 F 704 871 9160 www.ymcairedell.org A United Way Agency

Our Mission: "Helping all people reach their God-given potential in spirit, mind and body."

November 2025-MAIN POOL SCHEDULE: Statesville Family YMCA

Reservation (RSV) – Reserve lap lanes on app. or website
Swim Lessons (SL) – Tuesdays & Thursdays from 5:30pm to 7:30pm, & Saturdays from 10am to 12:05pm
TYDE – YMCA of NWNC year-round Swim Team
Safety Around Water Swim Lesson (SAW) – Boys & Girls Club on Mondays from 4:30pm-5:30pm
High School Swim Team (HS) – 10/29/2025-2/4/2026

MONDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM-9:15AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
9:15AM-10AM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
10AM-11AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
11AM-12PM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
12PM-3:45PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
3:45PM-5PM	OPEN	SAW	RSV 30min	HS	HS	HS
5PM-6:30PM	OPEN	TYDE	TYDE	HS	HS	HS
6:30PM-7:30PM	OPEN	OPEN	RSV 30min	HS	HS	HS

TUESDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM-8:15AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
8:15AM-9AM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
9AM-3:45PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
3:45PM-5PM	CLASS	CLASS	TYDE	HS	HS	HS
5PM-6:30PM	OPEN	TYDE	TYDE	HS	HS	HS
6PM-7:30PM	OPEN	SL	RSV 30min	HS	HS	HS

WEDNESDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM-9:15AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
9:15AM-10AM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
10AM-11AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
11AM-12PM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
12PM-1PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
1PM-2PM	OPEN	SL	RSV 30min	RSV 60min	RSV 60min	RSV 60min
2PM-3:45PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
3:45PM-7:30PM	OPEN	OPEN	RSV 30min	HS	HS	HS

THURSDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM-8:15AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
8:15AM-9AM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
9AM-3:45PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
3:45PM-5PM	CLASS	CLASS	TYDE	HS	HS	HS
5PM-6PM	OPEN	TYDE	TYDE	HS	HS	HS
6PM-7:30PM	OPEN	SL	RSV 30min	HS	HS	HS

STATESVILLE FAMILY YMCA

828 Wesley Drive, Statesville, NC 28677

P 704 873 9622 F 704 871 9160 www.ymcairedell.org A United Way Agency

Our Mission: "Helping all people reach their God-given potential in spirit, mind and body."



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FRIDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM-11AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
11AM-12PM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
12PM-3:30PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
3:30PM-4:30PM	Afterschool	Afterschool	RSV 30min	HS	HS	HS
4:30PM-6PM	OPEN	OPEN	RSV 30min	HS	HS	HS
6PM-7PM	OPEN	SL (Make-Up)	RSV 30min	HS	HS	HS

SATURDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
8AM-10AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
10AM-11AM	OPEN	OPEN	SL	RSV 60min	RSV 60min	RSV 60min
11AM-3:30PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min

SUNDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
1PM-4:30PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min

IMPORTANT NOTES:

- Multiple activities are often scheduled in the Main pool at the same time.
- Please get equipment (kickboards, pull buoys, etc.) before entering the pool and please put them away after use. Equipment are for lap swimmers only.
- If there are 2 swimmers in a lane they may elect to split the lane in half or circle swim; use circle swim when 3+ swimmers are in a lane.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

SWIM TEST POLICY:

- Children 8th grade and younger are encouraged to take swim test to determine swim level.
- All elementary age children (5th grade & under) must have a parent or guardian (18+) on pool deck/in the pool at all times regardless of swim level.
- Middle school students (6th-8th grade) are allowed in the pool without a parent with completion of Middle School Orientation and passing the green swim test.
- Color bands must be worn – GREEN (Swimmer-can swim anywhere), YELLOW (Beginner-small pool & shallow end of big pool or parent within arm's reach in the deep end of big pool), RED (Non-swimmer-small pool with PFD or parent within arm's reach in the pool.)
 - See Swim Test Policy for details regarding the swim tests.
 - One adult cannot be responsible for more than 2 RED level swimmers without lifejacket. We will allow a 1 adult to 4 red band swimmers/nonswimmers as long as all children are in life jackets.
 - Personal Flotation Device is recommended for RED level swimmers.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

POOL AREA CLOSURES DUE TO HIGH SCHOOL SWIM MEETS

- The pool area will be closed from 4pm on these days: 11/24, 12/3, 12/10, 12/17, & 1/12.

HIGH SCHOOL SWIM TEAM PRACTICE TIMES

- 3:45PM-4:45PM, 5PM-6PM, 6:15PM-7:15PM

STATESVILLE FAMILY YMCA

828 Wesley Drive, Statesville, NC 28677

P 704 873 9622 F 704 871 9160 www.ymcairedell.org A United Way Agency

Our Mission: "Helping all people reach their God-given potential in spirit, mind and body."