

October Gym Schedule

*YMCA Sports end October 18th, Open Gym after this date 5:00pm to 9:00pm and Saturday

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|-----------------------------------|------------------------|-----------------------------------|------------------------|------------------------|------------------------|---------------------|
| 5am-10:30am Open Gym | 5am-12pm Open Gym | 5am-10:30am Open Gym | 5am-12pm Open Gym | 5am-12pm Open Gym | 8am-3pm YMCA Sports | 1pm-6pm Open Gym |
| 10:30am-11:30am Group Ex Class | 12pm-2pm Pickleball | 10:30am-11:30am Group Ex Class | 12-2pm Pickleball | 12pm-2pm Pickleball | 3pm-6pm Open Gym | |
| 11:30am-12pm Open Gym | 2pm-5pm Open Gym | 11:30am-12pm Open Gym | 2pm-5pm Open Gym | 2pm-9pm Open Gym | | |
| 12pm-2pm PickleBall | 5pm-9pm YMCA Sports | 12pm-2pm PickleBall | 5pm-9pm YMCA Sports | | | |
| 2pm - 9pm Open Gym | | 2pm-5pm Open Gym | | | | |
| | | 5pm-9pm YMCA Sports | | | | |

Open Gym - During Open Gym, the court is available for individual shooting and shoot around; full-court play is not permitted.

Group Exercise Classes - The courts will be reserved for Group Exercise classes as needed.

Youth Development (Out-of-School Days/Summer Day Camp) - On school closure days, Youth Development may use the gym if weather conditions prevent outdoor activities.

YMCA Sports Programs - The courts will be reserved for YMCA youth and adult sports programs - Fall sports end in October.

Please Note: The YMCA reserves the right to adjust the gym schedule as needed and may close the gym without prior notice. In cases of inclement weather, extreme heat, or school closures, the gym may also be reserved for Youth Development and/or Wellness programs. Thank you for your understanding and support.

Our Mission: "Helping all people reach their God-given potential in spirit, mind and body."