



# KERNERSVILLE FAMILY YMCA COMMUNITY POOL SCHEDULE JULY 2025

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

	TIME	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
MONDAY - THURSDAY	5AM-10AM	OPEN	LAP	LAP	LAP	LAP	LAP	LAP	LAP
	10AM-12:30PM	SWIM LESSONS		LAP	LAP	LAP	LAP	LAP	LAP
	12:30-1:15PM	OPEN	LAP	LAP	LAP	LAP	LAP	LAP	LAP
	1:15-2:15PM	OPEN	LAP	LAP	LAP	LAP	LAP	KW	KW
	5-7:30PM	LESSONS	LAP	LAP	LAP	TYDE	TYDE	TYDE	TYDE
	7:30-8:45PM	OPEN	LAP	LAP	LAP	LAP	LAP	LAP	LAP
FRIDAY	5AM-1:15PM	OPEN	LAP	LAP	LAP	LAP	LAP	LAP	LAP
	1:15-2:15PM	OPEN	LAP	LAP	LAP	LAP	LAP	KW	KW
	2:15-7:30PM	OPEN	LAP	LAP	LAP	LAP	LAP	LAP	LAP
SATURDAY	8-9AM	OPEN	LAP	LAP	LAP	LAP	LAP	LAP	LAP
	9-11:30AM	SWIM LESSONS		LAP	LAP	LAP	LAP	LAP	LAP
	12-2PM	OPEN	LAP	LAP	LAP	LAP	LAP	LAP	LAP
	2-6PM	OPEN	LAP	LAP	LAP	LAP	LAP	LAP	LAP
SUNDAY	1-3:30PM	OPEN	LAP	LAP	LAP	LAP	LAP	LAP	LAP
	3:30-5:30PM	OPEN	LAP	LAP	LAP	LAP	LAP	LAP	LAP

\*Lane 1 will be used for swim lessons on Tuesdays and Thursdays from 5:45pm – 7:20pm starting Tues. July 8 and ending Thurs. July 31

\*The Community Pool will be closed after 12pm on Sat. July 19 for a swim meet

KERNERSVILLE FAMILY YMCA

1113 West Mountain Street Kernersville, NC 27284

P (O) 336.996.2231 (F) 336.996.8605 [www.kernersvilleymca.org](http://www.kernersvilleymca.org) A United Way Agency

Our Mission: "Helping all people reach their God-given potential in spirit, mind and body."



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

- Lane allocation will adjust depending on participation numbers.
- Lifeguard has final say so regarding pool policies and lanes usage.
- Multiple activities are often scheduled in this pool at the same time.
- Lane changes are made by the lifeguard 5 minutes before the time indicates.
- Please get equipment (kickboards, pull buoys, etc.) before entering the pool and please put them away after use.
- To avoid accidents please get the swimmer's attention that you are there before entering an occupied lane.
- If 2 swimmers are in a lane they may elect to split the lane in half; use circle swim when 3+ swimmers are in a lane.
- Children 8th grade and younger must be swim tested to determine swim level. See Swim Test Policy for details regarding the swim tests.
- Swim tests are valid for 365 days. Children with valid swim tests may receive a swim band at the Membership Desk.
- Color bands must be worn:
  - GREEN: Can swim anywhere
  - YELLOW: Can swim in the shallow end
  - RED: Can swim in the shallow end with an adult in the water within reach
- All elementary age children (5th grade & under) must have a parent or guardian (18+) on pool deck at all times regardless of swim level. Middle School-aged swimmers who have not completed all sessions of their Middle School Orientation must also have a parent or guardian on deck regardless of swim level.
- Pool rules must be followed and lifeguards have the final say including on all swim tests.

Any questions/concerns contact:

Aquatics Director, Katie Searles [k.searles@ymcanwnc.org](mailto:k.searles@ymcanwnc.org)