

May 2025 POOL SCHEDULE: Davie Family YMCA

Swim Lessons (SL) – Mondays from 2pm to 4pm, 5:30pm to 7:45pm, Tuesdays & Thursdays from 5:15pm to 8pm, Thursdays from 2 to 3pm, Saturdays from 9:15am to 11:30am
Water Fitness (CLASS) – See an app or website for the class descriptions
TYDE – YMCA of NWNC Swim Team Practice; Summer League Oak Valley Orcas 5/19-6/12
Safety Around Water (SAW)- 12pm to 2pm Mon.-Thursdays 5/1-5/8
Out of School Days – 1pm to 2:30pm; Youth Development open swim lanes 1-3

MONDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM-8:30AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
8:30-10:15AM	CLASS	CLASS	CLASS	LAP	LAP	LAP
10:15AM-12PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
12PM-2PM	SAW	SAW	SAW	SAW	LAP	LAP
2PM-4PM	SL	SL	OPEN	LAP	LAP	LAP
4PM-4:30PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
4:30PM-5:30PM	OPEN	LAP	TYDE	TYDE	TYDE	TYDE
5:30PM-6:30PM	SL	LAP	TYDE	TYDE	TYDE	TYDE
6:30PM-8PM	OPEN	SL	LAP	LAP	LAP	LAP
8PM-8:45PM	OPEN	OPEN	OPEN	LAP	LAP	LAP

TUESDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM-9:30AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
9:30-11:30AM	CLASS	CLASS	CLASS	LAP	LAP	LAP
12PM-2PM	SAW	SAW	SAW	SAW	LAP	LAP
2PM-4:30PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
4:30PM-5:15PM	OPEN	LAP	TYDE	TYDE	TYDE	TYDE
5:15PM-6:30pm	SL	LAP	TYDE	TYDE	TYDE	TYDE
6:30PM-8PM	OPEN	SL	LAP	LAP	LAP	LAP
8PM-8:45PM	OPEN	OPEN	OPEN	LAP	LAP	LAP

WEDNESDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM-8:30AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
8:30-10:30AM	CLASS	CLASS	CLASS	LAP	LAP	LAP
10:30AM-12PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
12PM-2PM	SAW	SAW	SAW	SAW	LAP	LAP
2PM-4:30PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
4:30PM-6:30PM	OPEN	LAP	TYDE	TYDE	TYDE	TYDE
6:30PM-8:45PM	OPEN	OPEN	OPEN	LAP	LAP	LAP

THURSDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM-9:30AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
9:30-11:30AM	CLASS	CLASS	CLASS	LAP	LAP	LAP
11:30AM-12PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
12PM-2PM	SAW	SAW	SAW	SAW	LAP	LAP
2PM-3PM	SL	SL	OPEN	LAP	LAP	LAP
3PM-4:30PM	OPEN	OPEN	OPEN	LAP	LAP	LAP

DAVIE FAMILY YMCA

215 CEMETERY STREET, MOCKSVILLE, NC 27028

P 336 751 9622 F 336 751 9420

Our Mission: "Helping all people reach their God-given potential in spirit, mind and body."

4:30PM-5:15PM	OPEN	LAP	TYDE	TYDE	TYDE	TYDE
5:15PM-6:30PM	SL	OPEN	TYDE	TYDE	TYDE	TYDE
6:30PM-8PM	OPEN	SL	LAP	LAP	LAP	LAP
8PM-8:45PM	OPEN	OPEN	OPEN	LAP	LAP	LAP

FRIDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM-8:30AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
8:30-10:30AM	CLASS	CLASS	CLASS	LAP	LAP	LAP
10:30AM-12PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
12PM-2PM	SAW	SAW	SAW	SAW	LAP	LAP
2PM-4:30PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
4:30PM-6:30PM	OPEN	OPEN	TYDE	TYDE	TYDE	TYDE
6:30PM-7:45PM	OPEN	OPEN	OPEN	LAP	LAP	LAP

SATURDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
8AM-9:15AM	CLASS	CLASS	CLASS	LAP	LAP	LAP
9:15A-12:45PM	SL	SL	SL	LAP	LAP	SL

IMPORTANT NOTES:

- Multiple activities are often scheduled in the Main pool at the same time.
- Please get equipment (kickboards, pull buoys, etc.) before entering the pool and please put them away after use. Equipment are for lap swimmers only.
- If there are 2 swimmers in a lane they may elect to split the lane in half or circle swim; use circle swim when 3+ swimmers are in a lane.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

SWIM TEST POLICY:

- Children 8th grade and younger are encouraged to take swim test to determine swim level.
- All elementary age children (5th grade & under) must have a parent or guardian (18+) on pool deck/in the pool at all times regardless of swim level.
- Middle school students (6th-8th grade) are allowed in the pool without a parent with completion of Middle School Orientation and passing the green swim test.
- Color bands must be worn – GREEN (Swimmer-can swim anywhere), YELLOW (Beginner-small pool & shallow end of big pool or parent within arm's reach in the deep end of big pool), RED (Non-swimmer-small pool with PFD or parent within arm's reach in the pool.)
 - See Swim Test Policy for details regarding the swim tests.
 - One adult cannot be responsible for more than 2 RED level swimmers without lifejacket. We will allow a 1 adult to 4 red band swimmers/nonswimmers as long as all children are in life jackets.
 - Personal Flotation Device is recommended for RED level swimmers.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

Lifeguards have final say so regarding pool policies and lanes usage.

Possible Make-ups for Swim Lessons on Fridays from 5pm to 7:30pm.

Lane changes are made by the lifeguards 5 minutes before the time indicates.

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