

**HOMETOWN**

Orlando, Florida

EDUCATION

Associates in Health Sciences
from Valencia College

CERTIFICATIONS

Fitour Primary Personal Trainer
CPR/First Aid

SPECIALTY

Strength Training
Functional Training

MOTTO

If you're not obsessed with your life,
then change it; become stronger than any
excuse you could think of.

AVAILABILITY

Open availability

BIO

My name is Dylan Mashburn; I started my journey in fitness back when I was 5 years old playing sports from Basketball, soccer, football, baseball and even did some gymnastics. When I was in high school I got a Personal Trainer to help build strength and increase mobility and speed, he taught me so much in the gym but also helped me become a better person. I want to be able to help someone how my Personal Trainer helped me.

