



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

January 2025–SMALL POOL SCHEDULE: Statesville Family YMCA

Swim Lessons (SL) – Tuesdays & Thursdays from 5:30pm to 7:30pm, Wednesdays at 1pm, Saturdays from 10am to 12:05pm
Class – Refer to Water Fitness Class Schedule
Safety Around Water (SAW)–Mondays at 4:30pm with Boys & Girls Club & Thursdays at 1pm with Success Institute Charter School

| MONDAYS | |
|----------------------|-------|
| 5AM-10AM | OPEN |
| 10AM-11AM | CLASS |
| 11AM-4:30PM | OPEN |
| 4:30PM-5:30PM | SAW |
| 5:30PM-7:30PM | OPEN |

| TUESDAYS | |
|----------------------|-------|
| 5AM-10AM | OPEN |
| 10AM-11AM | CLASS |
| 11AM-5:30PM | OPEN |
| 5:30PM-7:30PM | SL |

| WEDNESDAYS | |
|-------------------|-------|
| 5AM-10AM | OPEN |
| 10AM-11AM | CLASS |
| 11AM-1PM | OPEN |
| 1PM-2PM | SL |
| 2PM-7:30PM | OPEN |

| THURSDAYS | |
|----------------------|-------|
| 5AM-10AM | OPEN |
| 10AM-11AM | CLASS |
| 11AM-1PM | OPEN |
| 1PM-2PM | SAW |
| 2PM-5:30PM | OPEN |
| 5:30PM-7:30PM | SL |

| FRIDAYS | |
|----------------------|------------------|
| 5AM-10AM | OPEN |
| 10AM-11AM | CLASS |
| 11AM-3:30PM | OPEN |
| 3:30PM-4:30PM | AFTERSCHOOL SWIM |
| 4:30PM-7PM | OPEN |

STATESVILLE FAMILY YMCA

828 Wesley Drive, Statesville, NC 28677

P 704 873 9622 F 704 871 9160 www.ymcairedell.org A United Way Agency

Our Mission: "Helping all people reach their God-given potential in spirit, mind and body."



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| | |
|-------------------|------|
| SATURDAYS | |
| 8AM-3:30PM | OPEN |
| SUNDAYS | |
| 1PM-4:30PM | OPEN |

IMPORTANT NOTES:

- Multiple activities are often scheduled in the Main pool at the same time.
- Please get equipment (kickboards, pull buoys, etc.) before entering the pool and please put them away after use. Equipment are for lap swimmers only.
- If there are 2 swimmers in a lane they may elect to split the lane in half or circle swim; use circle swim when 3+ swimmers are in a lane.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

SWIM TEST POLICY:

- Children 8th grade and younger are encouraged to take swim test to determine swim level.
- All elementary age children (5th grade & under) must have a parent or guardian (18+) on pool deck/in the pool at all times regardless of swim level.
- Middle school students (6th-8th grade) are allowed in the pool without a parent with completion of Middle School Orientation and passing the green swim test.
- Color bands must be worn – GREEN (Swimmer-can swim anywhere), YELLOW (Beginner-small pool & shallow end of big pool or parent within arm’s reach in the deep end of big pool), RED (Non-swimmer-small pool with PFD or parent within arm’s reach in the pool.)
 - See Swim Test Policy for details regarding the swim tests.
 - One adult cannot be responsible for more than 2 RED level swimmers without lifejacket. We will allow a 1 adult to 4 red band swimmers/nonswimmers as long as all children are in life jackets.
 - Personal Flotation Device is recommended for RED level swimmers.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

POOL AREA CLOSURES DUE TO HIGH SCHOOL SWIM MEETS

- The pool area will be closed from 3pm on these days: 1/8, 1/13 & 1/15.

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January 2025-MAIN POOL SCHEDULE: Statesville Family YMCA

Reservation (RSV) – Reserve lap lanes on app. or website
Swim Lessons (SL) – Tuesdays & Thursdays from 5:30pm to 7:30pm, Wednesdays at 1pm
High School Swim Team (HS) – 10/30/2024-2/14/2025
TYDE – YMCA of NWNC Swim Team Practice
AFTERSCHOOL – Fridays from 3:30pm to 4:30pm

| MONDAYS | LANE 1 | LANE 2 | LANE 3 | LANE 4 | LANE 5 | LANE 6 |
|---------------|--------|-----------|-----------|-----------|-----------|-----------|
| 5AM-5:45AM | OPEN | RSV 60min | RSV 60min | RSV 30min | RSV 30min | RSV 30min |
| 5:45AM-6:45AM | OPEN | RSV 60min | RSV 60min | HS | HS | HS |
| 6:45AM-9:15AM | OPEN | OPEN | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 9:15AM-10AM | CLASS | CLASS | CLASS | RSV 60min | RSV 60min | RSV 60min |
| 10AM-11AM | OPEN | OPEN | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 11AM-12PM | CLASS | CLASS | CLASS | RSV 60min | RSV 60min | RSV 60min |
| 12PM-3:45PM | OPEN | OPEN | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 3:45PM-5PM | OPEN | OPEN | RSV 30min | HS | HS | HS |
| 5PM-6PM | OPEN | TYDE | TYDE | HS | HS | HS |
| 6PM-7:30PM | OPEN | OPEN | RSV 30min | RSV 60min | RSV 60min | RSV 60min |

| TUESDAYS | LANE 1 | LANE 2 | LANE 3 | LANE 4 | LANE 5 | LANE 6 |
|---------------|--------|-----------|-----------|-----------|-----------|-----------|
| 5AM-5:45AM | OPEN | RSV 60min | RSV 60min | RSV 30min | RSV 30min | RSV 30min |
| 5:45AM-6:45AM | OPEN | RSV 60min | RSV 60min | HS | HS | HS |
| 6:45AM-3:45PM | OPEN | OPEN | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 3:45PM-5PM | CLASS | CLASS | TYDE | TYDE | HS | HS |
| 5PM-6PM | OPEN | TYDE | TYDE | HS | HS | HS |
| 6PM-7:30PM | OPEN | OPEN | RSV 30min | RSV 60min | SL | SL |

| WEDNESDAYS | LANE 1 | LANE 2 | LANE 3 | LANE 4 | LANE 5 | LANE 6 |
|---------------|--------|-----------|-----------|-----------|-----------|-----------|
| 5AM-5:45AM | OPEN | RSV 60min | RSV 60min | RSV 30min | RSV 30min | RSV 30min |
| 5:45AM-6:45AM | OPEN | RSV 60min | RSV 60min | HS | HS | HS |
| 6:45AM-9:15AM | OPEN | OPEN | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 9:15AM-10AM | CLASS | CLASS | CLASS | RSV 60min | RSV 60min | RSV 60min |
| 10AM-11AM | OPEN | OPEN | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 11AM-12PM | CLASS | CLASS | CLASS | RSV 60min | RSV 60min | RSV 60min |
| 12PM-3:45PM | OPEN | OPEN | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 3:45PM-6PM | OPEN | OPEN | RSV 30min | HS | HS | HS |
| 6PM-7:30PM | OPEN | OPEN | RSV 30min | RSV 60min | RSV 60min | RSV 60min |

| THURSDAYS | LANE 1 | LANE 2 | LANE 3 | LANE 4 | LANE 5 | LANE 6 |
|---------------|--------|-----------|-----------|-----------|-----------|-----------|
| 5AM-5:45AM | OPEN | RSV 60min | RSV 60min | RSV 30min | RSV 30min | RSV 30min |
| 5:45AM-6:45AM | OPEN | RSV 60min | RSV 60min | HS | HS | HS |
| 6:45AM-3:45PM | OPEN | OPEN | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 3:45PM-5PM | CLASS | CLASS | TYDE | TYDE | HS | HS |
| 5PM-6PM | OPEN | TYDE | TYDE | HS | HS | HS |
| 6PM-7:30PM | OPEN | OPEN | RSV 30min | RSV 60min | SL | SL |

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|---------------|--------|-----------|-----------|-----------|--------------|--------------|
| 5AM-5:45AM | OPEN | RSV 60min | RSV 60min | RSV 30min | RSV 30min | RSV 30min |
| 5:45AM-6:45AM | OPEN | RSV 60min | RSV 60min | HS | HS | HS |
| 6:45AM-11AM | OPEN | OPEN | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 11AM-12PM | CLASS | CLASS | CLASS | RSV 60min | RSV 60min | RSV 60min |
| 12PM-3:45PM | OPEN | OPEN | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 3:45PM-6PM | OPEN | OPEN | RSV 30min | HS | HS | HS |
| 6PM-7PM | OPEN | OPEN | RSV 30min | RSV 30min | SL (Make-up) | SL (Make-up) |

| SATURDAY | LANE 1 | LANE 2 | LANE 3 | LANE 4 | LANE 5 | LANE 6 |
|-------------|--------|--------|-----------|-----------|-----------|-----------|
| 8AM-10AM | OPEN | OPEN | RSV 30min | RSV 60min | RSV 60min | RSV 60min |
| 10AM-11AM | OPEN | OPEN | SL | RSV 60min | RSV 60min | RSV 60min |
| 11AM-3:30PM | OPEN | OPEN | RSV 30min | RSV 60min | RSV 60min | RSV 60min |

| SUNDAY | LANE 1 | LANE 2 | LANE 3 | LANE 4 | LANE 5 | LANE 6 |
|------------|--------|--------|-----------|-----------|-----------|-----------|
| 1PM-4:30PM | OPEN | OPEN | RSV 30min | RSV 60min | RSV 60min | RSV 60min |

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HIGH SCHOOL SWIM TEAM PRACTICE TIMES

- 5:45AM-6:45AM, 3:45PM-4:45PM, 5PM-6PM

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