



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

January 2025 POOL SCHEDULE – DAVIE FAMILY YMCA

- Daily Practice during January From 4:45 to 7:45 TYDE
- Out of school days child care will open swim from 1 to 2:30 pm in lanes 1-3
TYDE: YMCA Competitive Swim Program
January Swim Meets 1/3,1/8,1/15,1/17,1/22,1/24 pool closes at 5 will reopen after meets.

MONDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5-830AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
830-930AM 930-1015	WATER FITNESS	WATER FITNESS	WATER FITNESS	lap	LAP	LAP
1200-200 PM	open	open	open	open	LAP	LAP
445-745PM	SWIM LESSONS	LAP	TYDE	TYDE	TYED	TYDE

TUESDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5-930AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
930-1030 1030-1130	WATER FITNESS	WATER FITNESS	WATER FITNESS	lap	LAP	LAP
1200-200 PM	open	open	open	open	LAP	LAP
445-745PM	SWIM LESSONS	LAP	TYDE	TYDE	TYDE	TYDE

WEDNESDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5-830AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
830-930AM 930-1030 AM	WATER FITNESS	WATER FITNESS	WATER FITNESS	Lap	LAP	LAP
12:00 2:00 PM	open	open	open	open	LAP	LAP
445-745PM	OPEN	LAP	TYDE	TYDE	TYDE	TYDE

THURSDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5-930AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
930-1030AM 1030-1130AM	WATER FITNESS	WATER FITNESS	WATER FITNESS	Lap	LAP	LAP
1200-200PM	open	Open	Open	open	LAP	LAP
455-745PM	SWIM LESSONS	LAP	TYDE	TYDE	TYDE	TYDE

FRIDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5-830AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
830-930 930-1030AM	WATER FITNESS	WATER FITNESS	WATER FITNESS	LAP	LAP	LAP
445-745	OPEN	OPEN	TYDE	TYDE	TYDE	TYDE

SATURDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
8-9:15AM	WATER FITNESS	WATER FITNESS	WATER FITNESS	LAP	LAP	LAP
9:15AM-12:45PM	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	LAP	LAP	SWIM LESSONS



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- Lane allocation will adjust depending on participation numbers.
- Lifeguards have final say so regarding pool policies and lanes usage.
- Multiple activities are often scheduled in this pool at the same time.
- Possible Make-ups for Swim Lessons on Friday's from 5:00-7:30 (In the event Swim Lessons are canceled during the week, we will do makeup at this time).
- Lane changes are made by the lifeguard 5 minutes before the time indicates.
- Children 8th grade and younger must be swim tested to determine swim level.
- All elementary age children (5th grade & under) must have a parent or guardian (18+) on pool deck/area at all times regardless of swim level.
- Color bands must be worn – GREEN (Swimmer-can swim anywhere), RED (Non-swimmer-shallow end only)
 - See Swim Test Policy for details regarding the swim tests.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

Any questions/concerns contact:

Aquatics Director, Charlie Tucker c.tucker@ymcanwnc.org