



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DECEMBER 2024 COMMUNITY POOL SCHEDULE - KERNERSVILLE YMCA

MON-THUR	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
5AM-6AM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
6AM-8AM	OPEN	LAP	LAP	LAP	HS SWIM	HS SWIM	HS SWIM	HS SWIM
8AM-3:45PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
3:45PM-5PM	LAP	HS SWIM	HS SWIM	HS SWIM	HS SWIM	HS SWIM	HS SWIM	HS SWIM
5PM-7:30PM	LAP	HS SWIM	HS SWIM	HS SWIM	TYDE	TYDE	TYDE	TYDE
7:30PM-8:45PM	LAP	LAP	HS SWIM	HS SWIM	HS SWIM	HS SWIM	HS SWIM	HS SWIM

FRIDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
5AM-6AM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
6AM-8AM	OPEN	LAP	LAP	LAP	HS SWIM	HS SWIM	HS SWIM	HS SWIM
8AM-3:45PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
3:45PM-5PM	LAP	HS SWIM	HS SWIM	HS SWIM	LAP	LAP	LAP	LAP
5PM-7:30PM	LAP	LAP	HS SWIM	HS SWIM	HS SWIM	HS SWIM	HS SWIM	HS SWIM

SATURDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
8AM-5:30PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP

SUNDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
1PM-5:30PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP

KERNERSVILLE FAMILY YMCA

1113 West Mountain Street Kernersville, NC 27284

P (O) 336 996 2231 (F) 336.996.8605 www.kernersvilleymca.org A United Way Agency

Our Mission: "Helping all people reach their God-given potential in spirit, mind and body."



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- Lane allocation will adjust depending on participation numbers.
- Lifeguard has final say so regarding pool policies and lanes usage.
- Multiple activities are often scheduled in this pool at the same time.
- Lane changes are made by the lifeguard 5 minutes before the time indicates.
- Please get equipment (kickboards, pull buoys, etc.) before entering the pool and please put them away after use.
- To avoid accidents please get the swimmer's attention that you are there before entering an occupied lane.
- If 2 swimmers are in a lane they may elect to split the lane in half; use circle swim when 3+ swimmers are in a lane.
- Children 8th grade and younger must be swim tested to determine swim level.
- All elementary age children (5th grade & under) must have a parent or guardian (18+) on pool deck at all times regardless of swim level.
- Color bands must be worn:
 - GREEN (Can swim anywhere)
 - YELLOW (Can swim with a life jacket)
 - RED (Must have an adult in the water within reach)
 - See Swim Test Policy for details regarding the swim tests.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

Any questions/concerns contact:

Aquatics Director, Katie Searles at k.searles@ymcanwnc.org

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