



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA Sports Evaluation Process

Upon Arrival

1. Players will report to the check in table to confirm contact information.
2. Players will be given their player card and have their picture taken.
3. Parents will be given information about upcoming player draft process.
4. Players will head into the gym/field to wait for their turn to be evaluated.

Screening by YMCA Staff

The Y staff will pull groups of 8-12 kids to evaluate. Kids will potentially start with a quick warm up where they are stretched, run and do a few minor drills. If evaluation groups for certain sessions are smaller in number, this step may be shortened or skipped for the sake of time.

This group will then be transferred to the specified gym/court/field to be evaluated. The group will be split into two teams and play a short scrimmage or run through more advanced drills (8-10 minutes). Coaches will be on hand to evaluate the players in four categories specific to their sport.

Once the first group has completed the evaluation process, the second group, which would currently be warming up, will be pulled to the court/field/field and evaluated. Once a group is done with the evaluation segment, those participants are cleared to leave.

The Sports Department staff will compile totals and averages for each athlete which will be used for the upcoming player drafts.

* Please note that the evaluation process differs based on sport and the location/facility in which it is held. Some minor discrepancies are possible. Most evaluation sessions last as long as an hour but the time spent at the session depends on the number of kids in attendance among other factors. We appreciate your patience!



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Basketball Evaluation Dates & Locations

Kernersville Family YMCA

Ages 9-10 Co-Ed

Ages 11-12 Co-Ed

Ages 13-14 Boys, 13-15 Girls & 15-17 Boys

Tuesday, November 12 or

Saturday, November 16

5:30pm / 9:30am

6:30pm / 10:30am

7:30pm / 11:30am

Jerry Long Family YMCA

Ages 9 Boys, 10 Boys & 9-10 Girls

Ages 11 Boys, 12 Boys & 11-12 Girls

Ages 13-14 Boys, 13-15 Girls & 15-17 Boys

Monday, November 11,

Thursday, November 14 or

Saturday, November 16

5:30pm / 9:30am

6:30pm / 10:30am

7:30pm / 11:30am

Stokes Family YMCA

Ages 9-11 Co-Ed

Ages 12-14 Co-Ed

Ages 15-17 Boys

Saturday, November 9 or

Monday, November 18

9:30am / 5:30pm

10:30am / 6:30pm

11:30am / 7:30pm

William G. White, Jr. Family YMCA

Ages 9-10 Boys & Girls

Ages 11-12 Boys & Girls

Ages 13-15 Boys & Girls & 15-17 Boys

Friday, November 8 or

Thursday, November 14

5:30pm

6:30pm

7:30pm

*AM times are for Saturday evaluations only.

YMCA OF NORTHWEST NORTH CAROLINA SPORTS

P 336 777 8055 (press option 8) www.ymcanwnc.org/sports A United Way Agency

Our Mission: "Helping all people reach their God-given potential in spirit, mind and body."