



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

## OCTOBER 2024 POOL SCHEDULE – FULTON FAMILY YMCA

**REOCCURRING EVENTS:** The pool will close 15 minutes prior to the branch closing each day.  
 TYDE practice ends each morning at 7:15 am.

KEY:

**WF:** WATER FITNESS    **SHALLOW:** SHALLOW END OF POOL    **SAW:** SAFETY AROUND WATER  
**SL:** SWIM LESSONS    **DEEP:** DEEP END OF POOL  
**ST:** SWIM TEAM    **SG:** SWIM GROUP

MONDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	OPEN SWIM
7:00 – 12:45 PM	OPEN	LAP	LAP	LAP	LAP	LAP	LANE 1

TUESDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	OPEN SWIM
7:00-9:30AM	OPEN	LAP	LAP	LAP	LAP	LAP	LANE 1
9:30 – 11 AM	WF	WF	LAP	LAP	LAP	LAP	DEEP END
11 AM – 12:45 PM	OPEN	LAP	LAP	LAP	LAP	LAP	LANE 1

WEDNESDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	OPEN SWIM
7:00 – 12:45 PM	OPEN	LAP	LAP	LAP	LAP	LAP	LANE 1

THURSDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	OPEN SWIM
7:00-9:30AM	OPEN	LAP	LAP	LAP	LAP	LAP	LANE 1
9:30 – 11 AM	WF	WF	LAP	LAP	LAP	LAP	DEEP END
11 AM – 12:45 PM	OPEN	LAP	LAP	LAP	LAP	LAP	LANE 1

FRIDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	OPEN SWIM
7:00 – 12:45 PM	OPEN	LAP	LAP	LAP	LAP	LAP	LANE 1

**FULTON FAMILY YMCA**

385 W Hanes Mill RD Winston - Salem, NC 27105

(0) 336 661 1093 [www.ymcanwnc.org](http://www.ymcanwnc.org) A United Way Agency

Our Mission: "Helping all people reach their God-given potential in spirit, mind and body."



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- Lane allocation will adjust depending on participation numbers.
- Lifeguard has final say so regarding pool policies and lanes usage.
- Lane 6 is frequently used for swim tests as needed.
- Multiple activities are often scheduled in this pool at the same time.
- Lane changes are made by the lifeguard 5 minutes before the time indicates.
- Please get equipment (kickboards, pull buoys, etc.) before entering the pool and please put them away after use.
- To avoid accidents please get the swimmer's attention that you are there before entering an occupied lane.
- If there are 2 swimmers in a lane they may elect to split the lane in half; use circle swim when 3+ swimmers are in a lane.
- There is no guarantee for an individual lane.
- Children 8<sup>th</sup> grade and younger must be swim tested to determine swim level; All elementary age children (5<sup>th</sup> grade & under) must have a parent or guardian (18+) on pool deck/area at all times regardless of swim level.
- Color bands must be worn – GREEN (Swimmer-can swim anywhere), YELLOW (Shallow end only), RED (Non-swimmer-shallow end only)
  - See Swim Test Policy for details regarding the swim tests
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

Any questions/concerns contact: Jenna Patton at (336) 712-2000 or [j.patton@ymcanwnc.org](mailto:j.patton@ymcanwnc.org)

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