



FALL GYM SCHEDULE Kernersville Family YMCA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5am-10:40am Open Gym	5am-12pm Open Gym	5am-10:40am Open Gym	5am-12pm Open Gym	5am-12pm Open Gym	8am-3pm Youth Sports	1-6pm Open Gym
10:40-11:40am Group Exercise	12-2pm Pickleball	10:40-11:40am Group Exercise	12-2pm Pickleball	12-2pm Pickleball	3-6pm Open Gym	
11:40am-12pm Open Gym	2-5pm Open Gym	11:40am-12pm Open Gym	2-5pm Open Gym	2-8pm Open Gym		
12-2pm Pickleball	5-9pm Youth Sports	12-2pm Pickleball	5-9pm YMCA Sports			
2-9pm Open Gym		2-5pm Open Gym				
		5-9pm YMCA Sports				

Open Gym- During open gym, the court may be used for shoot around or if NOT busy, full court pick up may be played.

Out of School Days - September 2, October 11 and 14, November 5, 11, 28-29 - 8:30-10:30am and 4:00-6:00pm on COURT B - students will be using the gym during this time on these days

YMCA Sports- During this time, the court will be closed for our YMCA youth and/or adult sports programs.

Group Exercise - During this time, the court will be reserved for group exercise classes.

YMCA Youth Development - After School will have priority of COURT B Monday - Friday from 4:00-6:00pm

* The YMCA reserves the right to change the gym schedule at any time and may close the gym without notice if needed.

Please note that in the event of rain, heat or school closure, gyms may be shut down to accommodate camp and/or after school. We thank you for your understanding.