



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Summer Pool Schedule: Yadkin Family YMCA

MONDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
6-9AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
9 AM-12 PM	WF	WF	WF	LAP	LAP	SL
1-4:15 PM	Summer Camp	Summer Camp	Summer Camp	LAP	LAP	LAP
4-5 PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
5-7:45PM	SL	SL	SL	LAP	LAP	LAP
TUESDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
6-8AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
8-10AM	WF	WF	WF	LAP	LAP	LAP
9AM-12PM	OPEN	OPEN	OPEN	LAP	LAP	SL
12-4 PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
4-5 PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
5-6:20 PM	SL	SL	SL	LAP	LAP	LAP
6:20-7:45PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
WEDNESDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
6-9AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
9 AM-12 PM	WF	WF	WF	LAP	LAP	SL
1-4:15 PM	Summer Camp	Summer Camp	Summer Camp	LAP	LAP	LAP
4:15-6 PM	OPEN	OPEN	TYDE	LAP	LAP	LAP
6-7:45PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
THURSDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
6-8AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
8-10AM	WF	WF	WF	LAP	LAP	LAP
9AM-12PM	OPEN	OPEN	OPEN	LAP	LAP	SL
12-4 PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
4-5 PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
5-6:20 PM	SL	SL	SL	LAP	LAP	LAP
6:20-7:45 PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
FRIDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
6-9AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
9 AM-12 PM	WF	WF	WF	LAP	LAP	SL
1-4:15 PM	Summer Camp	Summer Camp	Summer Camp	LAP	LAP	LAP
4:15-6 PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
6-7:45PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
SATURDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
8-9AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
9AM-12PM	SL	SL	SL	LAP	LAP	LAP
12-1PM	OPEN	OPEN	OPEN	LAP	LAP	LAP

Water Fitness – WF	Swim Lessons - SL
Open Swim – OPEN	Camp Swim - CAMP
Lap Swim – LAP	

YADKIN FAMILY YMCA

6540 Service Road, Yadkinville, NC 27055

P 336 679 7962 F 336 679 7983 www.ymcanwnc.org A United Fund Agency

Our Mission: "Helping all people reach their God-given potential in spirit, mind and body." Financial Assistance available.



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MONDAY

START	END	CLASS	LOCATION	NOTES
9:15AM	10:00AM	AquaFit	Shallow Water	Level 3
10:15AM	11:00AM	AquaFit	Shallow Water	Level 3
11:15AM	12:00PM	Aqua Energizers	Deep Water	Level 3

TUESDAY

START	END	CLASS	LOCATION	NOTES
8:15AM	9:00AM	Recovery Plus	Shallow Water	Level 2
9:15AM	10:00AM	Water Recovery	Shallow Water	Level 3

WEDNESDAY

START	END	CLASS	LOCATION	NOTES
9:15AM	10:00AM	AquaFit	Shallow Water	Level 3
10:15AM	11:00AM	AquaFit	Shallow Water	Level 3
11:15AM	12:00PM	Aqua Energizers	Deep Water	Level 3

THURSDAY

START	END	CLASS	LOCATION	NOTES
8:15AM	9:00AM	Recovery Plus	Shallow Water	Level 2
9:15AM	10:00AM	Water Recovery	Shallow Water	Level 3

FRIDAY

START	END	CLASS	LOCATION	NOTES
9:15AM	10:00AM	AquaFit	Shallow Water	Level 3
10:15AM	11:00AM	AquaFit	Shallow Water	Level 3
11:15AM	12:00PM	Aqua Energizers	Deep Water	Level 3

Please contact Anna Wagoner at anna.wagoner@ymcanwnc.org or (336)679-7962 with any questions or concerns.

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