

After School Academy is part of the YMCA's history of dedication to youth development. It was established to meet the

needs of working parents while providing children with a fun, safe, and enriching environment. Our program offers a variety of daily activities focusing on the following:

- Academic Support (Reading and STEM)
- CATCH curriculum*
- Confidence and Character Development
- Fitness and Health Education
- Games
- Service Learning
- Homework Support with certified teachers
- YMCA Healthy Eating and Physical Activity Standards
- Healthy Snacks
- Guest Speakers and demonstrations
- Arts and crafts

Learning doesn't stop when the school day ends. The Y provides the academic support needed to help students achieve their full potential. Each day is filled with educational activities that also incorporate active play to develop a lifelong love of health and wellness.

BUILD YOUR OWN PLAN:

Choose an option that works for you! After School, Spring Break and Out of School days. A one time \$50 registration fee applies to all before and after school options.

After School (monthly)

- 5 days a week: \$225 members / \$275 potential members
- 3 days a week: \$195 members / \$230 potential members
- After School Drop In: \$20/day
- Sibling Discount: \$20 per child per month after the first child
- Military/First Responder (Fire, Police, EMS) Discount: \$20 per child per month

The above discounts can be applied with Financial Scholarships, but no other discounts, i.e. parents cannot receive a multi-sibling discount AND a military/first responder discount.

*CATCH stands for Coordinated Approach to Child's Health. For over 25 years, the CATCH platform has been proven to launch kids and communities toward healthier lifestyles. Originators of "GO, SLOW and WHOA" food categories, CATCH is the most cost effective means of preventing childhood obesity, in an environment that's fun and easy to sustain.

Important Dates to Remember

Remember: Snow and Early Release days are included FREE in all After School options.*

SEPTEMBER September 2	Labor Day	CLOSED
OCTOBER October 11 October 14	Teacher Work Day Teacher Work Day	7:00 a.m 6:00 p.m. 7:00 a.m 6:00 p.m.
NOVEMBER November 11 November 27 November 28-29	Veterans Day Teacher Work Day Thanksgiving and Holiday	CLOSED 7:00 a.m 6:00 p.m. CLOSED
DECEMBER December 20 December 23 December 24-26 December 27 December 30 December 31	Winter Break Winter Break Christmas and Holiday Winter Break Winter Break Winter Break	7:00 a.m 6:00 p.m. 7:00 a.m 6:00 p.m. CLOSED 7:00 a.m 6:00 p.m. 7:00 a.m 6:00 p.m. CLOSED
JANUARY January 1 January 2-3 January 20 MARCH March 7	New Year's Day Winter Break Martin Luther King Jr. Holiday Spring Break	7:00 a.m 6:00 p.m.
March 10-14 APRIL April 18 April 21	Spring Break Good Friday Easter Monday	7:00 a.m 6:00 p.m. CLOSED 7:00 a.m 6:00 p.m.

OUT OF SCHOOL DAYS AT THE Y

Teacher Work Day

\$35 Members/\$45 Potential Members

MAY May 21-23

7:00 a.m. - 6:00 p.m.

SCHOOLS SERVED	PROGRAM LOCATION	
	Before School	After School
Southwest Elementary	n/a	Jerry Long Family YMCA
Lewisville Elementary	n/a	Jerry Long Family YMCA
Meadowlark Elementary	n/a	Jerry Long Family YMCA
Morgan Elementary	n/a	Jerry Long Family YMCA
Clemmons Elementary	n/a	Clemmons Elementary

MAXIMIZE YOUR SAVINGS!

Become a YMCA member and save money on After School Academy, Youth Sports, Swim Lessons, and more!

- · Unlimited access to the YMCA
- · Free group and family fitness classes
- Free access to swimming pool, basketball, and raquetball courts
- Free Kids Zone (formerly Child Watch) available with memberships that include dependents
- Discounted rates on Youth Sports, Swim Lessons, and other programs
- · No membership contracts!

FINANCIAL ASSISTANCE

The Y is committed to turning no one away from a program or membership due to an inability to pay. Financial assistance is available through the Y's Open Doors program to those who qualify. Inquire at the YMCA for more information or call our Youth Development office at 336 727 4849. The Y is a United Way Agency.



"Every day I see my child grow more confident, kind, and capable, thanks to the incredible support and enriching experiences provided by the YMCA Before and After School Program" – Tammi

^{*}Those not enrolled in the YMCA After School Program must pay Out of School Day prices.

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SEPTEMBER

APRIL

April 8

MAY

May 27

April 1-5

September 4	Labor Day	CLOSED
OCTOBER October 30 October 31	Teacher Work Day Teacher Work Day	7:00 a.m 6:00 p.m. 7:00 a.m 6:00 p.m.
NOVEMBER November 10 November 22 November 23-24	Veterans Day Teacher Work Day Thanksgiving and Holiday	CLOSED 7:00 a.m 6:00 p.m. CLOSED
DECEMBER December 18-22 December 25-26 December 27-29		7:00 a.m 6:00 p.m. CLOSED 7:00 a.m 6:00 p.m.
JANUARY January 1 January 2 January 15 January 25 January 26	New Year's Day Winter Break Martin Luther King Jr. Holiday Teacher Work Day Teacher Work Day	CLOSED 7:00 a.m 6:00 p.m. CLOSED 7:00 a.m 6:00 p.m. 7:00 a.m 6:00 p.m.
MARCH March 5 March 29	Teacher Work Day Good Friday	7:00 a.m 6:00 p.m. CLOSED

OUT OF SCHOOL DAYS AT THE Y

Spring Break

Easter Monday

Memorial Day

\$35 Members/\$45 Potential Members

7:00 a.m. - 6:00 p.m.

CLOSED

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	Before School	After School
Southwest Elementary	n/a	Jerry Long Family YMCA
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"I can't begin to express my appreciation and gratitude to the Y for its after school program. It has been a great comfort to me for many years to know my children were in a safe, caring environment with people I trust. They are provided with a healthy snack, homework time, and fun activities every day. The counselors exhibit and encourage positive character traits and are true mentors. Thank you, YMCA after school for all you do to care for our children!" – Stacey R.

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