

After School Academy is part of the YMCA's history of dedication to youth development. It was established to meet the

needs of working parents while providing children with a fun, safe, and enriching environment. Our program offers a variety of daily activities focusing on the following:

- Academic Support (Reading and STEM)
- CATCH curriculum*
- Confidence and Character Development
- Fitness and Health Education
- Games
- Service Learning
- Homework Support with certified teachers
- YMCA Healthy Eating and Physical Activity Standards
- Healthy Snacks
- Guest Speakers and demonstrations
- Arts and crafts

Learning doesn't stop when the school day ends. The Y provides the academic support needed to help students achieve their full potential. Each day is filled with educational activities that also incorporate active play to develop a lifelong love of health and wellness.

BUILD YOUR OWN PLAN:

Choose an option that works for you! After School, Spring Break and Out of School days. A one time \$50 registration fee applies to all before and after school options.

After School (monthly)

- 5 days a week: \$205 members / \$250 potential members
- 3 days a week: \$150 members / \$200 potential members
- After School Drop In: \$20/day
- Sibling Discount: \$20 per child per month after the first child
- Military/First Responder (Fire, Police, EMS) Discount: \$20 per child per month

The above discounts can be applied with Financial Scholarships, but no other discounts, i.e. parents cannot receive a multi-sibling discount AND a military/first responder discount.

*CATCH stands for Coordinated Approach to Child's Health. For over 25 years, the CATCH platform has been proven to launch kids and communities toward healthier lifestyles. Originators of "GO, SLOW and WHOA" food categories, CATCH is the most cost effective means of preventing childhood obesity, in an environment that's fun and easy to sustain.

Important Dates to Remember

Remember: Snow and Early Release days are included FREE in all After School options.*

7:00 a.m. - 6:00 p.m.

CLOCED

SEPTEMBER

September 2	Labor Day	CLOSED
OCTOBER October 11	Teacher Work Day	7:00 a.m 6:00 p.m.
NOVEMBER November 5 November 11	Teacher Work Day Veterans Day	7:00 a.m 6:00 p.m. CLOSED
November 27 November 28-29	Teacher Work Day Thanksgiving and Holiday	7:00 a.m 6:00 p.m. CLOSED

DECEMBER

December 20	Early Release Day	
December 23	Winter Break	7:00 a.m 6:00 p.m.
December 24-26	Christmas and Holiday	CLOSED
December 27	Winter Break	7:00 a.m 6:00 p.m.
December 30	Winter Break	7:00 a.m 6:00 p.m.
December 31	Winter Break	CLOSED

JANUARY		
January 1	New Year's Day	CLOSED
January 2-3	Winter Break	7:00 a.m 6:00 p.m.
January 20	Martin Luther King Jr. Holiday	CLOSED
FEBRUARY		

MARCH

February 17

March 17-21	Spring Break	7:00 a.m 6:00 p.m.
March 24	Spring Break	7:00 a.m 6:00 p.m.

Teacher Work Day

APRIL

Aprii 18	Good Friday	CLOSED
April 21	Easter Monday	7:00 a.m 6:00 p.m.

MAY

Early Release Day May 23

OUT OF SCHOOL DAYS AT THE Y

\$35 Members/\$45 Potential Members

*Those not enrolled in the YMCA After School Program must pay Out of School Day prices.

After School

Mt. Olive Elementary King Elementary **Poplar Springs Elementary** Walnut Cove Elementary

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PROGRAM LOCATION

MAXIMIZE YOUR SAVINGS!

Become a YMCA member and save money on After School Academy, Youth Sports, Swim Lessons, and more!

- · Unlimited access to the YMCA
- · Free group and family fitness classes
- Free access to swimming pool, basketball, and raquetball courts
- Free Kids Zone (formerly Child Watch) available with memberships that include dependents
- · Discounted rates on Youth Sports, Swim Lessons, and other programs
- No membership contracts!

FINANCIAL ASSISTANCE

The Y is committed to turning no one away from a program or membership due to an inability to pay. Financial assistance is available through the Y's Open Doors program to those who qualify. Inquire at the YMCA for more information or call our Youth Development office at 336 727 4849. The Y is a United Way Agency.



"Every day I see my child grow more confident, kind, and capable, thanks to the incredible support and enriching experiences provided by the YMCA Before and After School Program" - Tammi