



# FIND YOUR AFTER SCHOOL SPOT. FIND YOUR Y.

## »» Forsyth County: YMCA After School Academy

### **After School Academy is part of the YMCA's history of dedication to youth development.**

It was established to meet the needs of working parents while providing children with a fun, safe, and enriching environment. Our program offers a variety of daily activities focusing on the following:

- Academic Support (Reading and STEM)
- CATCH curriculum\*
- Confidence and Character Development
- Fitness and Health Education
- Games
- Service Learning
- Homework Support with certified teachers
- YMCA Healthy Eating and Physical Activity Standards
- Healthy Snacks
- Guest Speakers and demonstrations
- Arts and crafts

Learning doesn't stop when the school day ends. The Y provides the academic support needed to help students achieve their full potential. Each day is filled with educational activities that also incorporate active play to develop a lifelong love of health and wellness.

### **BUILD YOUR OWN PLAN:**

Choose an option that works for you! After School, Spring Break and Out of School days. A one time \$50 registration fee applies to all before and after school options.

#### **After School (monthly)**

- 5 days a week: \$225 members / \$275 potential members
- 3 days a week: \$140 members / \$170 potential members
- After School Drop In: \$20/day
- Sibling Discount: \$20 per child per month after the first child
- Military/First Responder (Fire, Police, EMS) Discount: \$20 per child per month

The above discounts can be applied with Financial Scholarships, but no other discounts, i.e. parents cannot receive a multi-sibling discount AND a military/first responder discount.

\*CATCH stands for Coordinated Approach to Child's Health. For over 25 years, the CATCH platform has been proven to launch kids and communities toward healthier lifestyles. Originators of "GO, SLOW and WHOA" food categories, CATCH is the most cost effective means of preventing childhood obesity, in an environment that's fun and easy to sustain.

## Important Dates to Remember

Remember: Snow and Early Release days are included FREE in all After School options.\*

### SEPTEMBER

September 2 Labor Day CLOSED

### OCTOBER

October 11 Teacher Work Day 7:00 a.m. - 6:00 p.m.

October 14 Teacher Work Day 7:00 a.m. - 6:00 p.m.

### NOVEMBER

November 11 Veterans Day CLOSED

November 27 Teacher Work Day 7:00 a.m. - 6:00 p.m.

November 28-29 Thanksgiving and Holiday CLOSED

### DECEMBER

December 20 Winter Break 7:00 a.m. - 6:00 p.m.

December 23 Winter Break 7:00 a.m. - 6:00 p.m.

December 24-26 Christmas and Holiday CLOSED

December 27 Winter Break 7:00 a.m. - 6:00 p.m.

December 30 Winter Break 7:00 a.m. - 6:00 p.m.

December 31 Winter Break CLOSED

### JANUARY

January 1 New Year's Day CLOSED

January 2-3 Winter Break 7:00 a.m. - 6:00 p.m.

January 20 Martin Luther King Jr. Holiday CLOSED

### MARCH

March 7 Spring Break 7:00 a.m. - 6:00 p.m.

March 10-14 Spring Break 7:00 a.m. - 6:00 p.m.

### APRIL

April 18 Good Friday CLOSED

April 21 Easter Monday 7:00 a.m. - 6:00 p.m.

### MAY

May 21-23 Teacher Work Day 7:00 a.m. - 6:00 p.m.

## OUT OF SCHOOL DAYS AT THE Y

\$35 Members/\$45 Potential Members

\*Those not enrolled in the YMCA After School Program must pay Out of School Day prices.

### SCHOOLS SERVED

Clemmons Middle School  
Meadowlark Middle School  
Flat Rock Middle School

### PROGRAM LOCATION

#### After School

Jerry Long Family YMCA  
Jerry Long Family YMCA  
Jerry Long Family YMCA

## MAXIMIZE YOUR SAVINGS!

Become a YMCA member and save money on After School Academy, Youth Sports, Swim Lessons, and more!

- Unlimited access to the YMCA
- Free group and family fitness classes
- Free access to swimming pool, basketball, and raquetball courts
- Free Kids Zone (formerly Child Watch) available with memberships that include dependents
- Discounted rates on Youth Sports, Swim Lessons, and other programs
- No membership contracts!

## FINANCIAL ASSISTANCE

The Y is committed to turning no one away from a program or membership due to an inability to pay. Financial assistance is available through the Y's Open Doors program to those who qualify. Inquire at the YMCA for more information or call our Youth Development office at 336 727 4849. The Y is a United Way Agency.



"Every day I see my child grow more confident, kind, and capable, thanks to the incredible support and enriching experiences provided by the YMCA Before and After School Program" - Tammi

For more information, please visit [www.ymcanwnc.org](http://www.ymcanwnc.org) or your local branch.