



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

JUNE & JULY 2024 COMMUNITY POOL SCHEDULE- KERNERSVILLE FAMILY YMCA

SWIM MEETS & EVENTS–During swim meets, Community Pool is closed

June 25th, Tuesday RipTYDE meet, 4:30PM–closing
 July 2nd, Tuesday RipTYDE meet, 4:30PM–closing
 June 24th to 27th, Morning Swim Lessons 8AM to 10:30AM, lanes 1–3*Fridays makeup
 July 15th to 25th, Morning Swim Lessons 8AM to 10:30AM, lanes 1–3*Fridays makeup
 During outdoor pool season, **LANE 8** will be used frequently for SWIM TESTS for summer camp and any child eighth grade or younger, thank you!

| MON-THURS | LANE 1 | LANE 2 | LANE 3 | LANE 4 | LANE 5 | LANE 6 | LANE 7 | LANE 8 |
|------------------------|--------|--------|--------|-------------|--------|--------|--------|---------------|
| 5AM-8:00AM | OPEN | OPEN | LAP | LAP | LAP | LAP | LAP | LAP |
| 8:00AM-10:30AM | SL | SL | SL | LAP | LAP | LAP | LAP | LAP |
| 10:30AM-11:30AM | OPEN | OPEN | LAP | LAP | LAP | LAP | LAP | LAP |
| 11:30AM-12:30PM | OPEN | OPEN | LAP | TYDE | | | | |
| 12:30PM-5:15PM | OPEN | OPEN | LAP | LAP | LAP | LAP | LAP | LAP |
| 5:15PM-6:15PM | OPEN | OPEN | LAP | TYDE | | | | |
| 6:00PM-7:30PM | OPEN | OPEN | LAP | | | | | |
| 7:30PM-8:30PM | OPEN | OPEN | LAP | LAP | LAP | LAP | LAP | LAP |

| FRI | LANE 1 | LANE 2 | LANE 3 | LANE 4 | LANE 5 | LANE 6 | LANE 7 | LANE 8 |
|----------------------|--------|--------|--------|-------------|-------------|--------|--------|---------------|
| 5AM-11:30AM | OPEN | OPEN | LAP | LAP | LAP | LAP | LAP | LAP |
| 11:30AM-12:30PM | OPEN | OPEN | LAP | TYDE | | | | |
| 12:30PM-5:15PM | OPEN | OPEN | LAP | LAP | LAP | LAP | LAP | LAP |
| 5:30PM-6:30PM | OPEN | OPEN | LAP | LAP | TYDE | | | |
| 6:00PM-7:30PM | OPEN | OPEN | LAP | LAP | LAP | LAP | LAP | LAP |

| SATURDAY | LANE 1 | LANE 2 | LANE 3 | LANE 4 | LANE 5 | LANE 6 | LANE 7 | LANE 8 |
|-------------------|--------|--------|--------|--------|--------|--------|--------|---------------|
| 8AM-5:30PM | OPEN | OPEN | LAP | LAP | LAP | LAP | LAP | LAP |

| SUNDAY | LANE 1 | LANE 2 | LANE 3 | LANE 4 | LANE 5 | LANE 6 | LANE 7 | LANE 8 |
|--------------------|--------|--------|--------|--------|--------|--------|--------|---------------|
| 1:00-2:30PM | OPEN | OPEN | LAP | LAP | LAP | LAP | LAP | LAP |
| 2:30-3:30PM | OPEN | OPEN | LAP | LAP | LAP | LAP | LAP | LAP |
| 3:30-5:30 PM | OPEN | OPEN | LAP | LAP | LAP | LAP | LAP | LAP |

*For a more detailed schedule of TYDE practices, please visit the website:

<https://www.gomotionapp.com/team/ncwsy/page/home>



KERNERSVILLE FAMILY YMCA

1113 West Mountain Street

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Our Mission: "Helping all people reach their God-given potential in spirit, mind and body."



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Lane allocation will adjust depending on participation numbers.

Lifeguard is the authority regarding pool policies and lane usage.

Multiple activities are often scheduled in this pool at the same time.

- Lane changes are made by the lifeguard 5 minutes before the time indicates.
- Please get equipment (kickboards, pull buoys, etc.) before entering the pool and please put them away after use.
- To avoid accidents please get the swimmer's attention that you are there before entering an occupied lane.
- If 2 swimmers are in a lane they may elect to split the lane in half; use circle swim when 3+ swimmers are in a lane.
- Children 8th grade and younger must be swim tested to determine swim level; All elementary age children (5th grade & under) must have a parent or guardian (18+) on pool deck/area at all times regardless of swim level.
- Color bands must be worn – **GREEN** (Swimmer-can swim anywhere), **RED** (Non-swimmer-shallow end only)
 - See Swim Test Policy for details regarding the swim tests
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

Any questions/concerns contact:

Front Desk Membership (336) 996-2231