

March 2024-SMALL POOL SCHEDULE: Statesville Family YMCA

Swim Lessons (SL) – Tuesdays & Thursdays from 5:30pm to 7:30pm, Wednesdays at 1pm & Saturdays from 10am to 12:05pm
Class – Refer to Water Fitness Class Schedule
Safety Around Water (SAW) – Thursdays at 1pm, 3/25-3/28 from 11:45am-1:45pm

MONDAYS	
5AM-10AM	OPEN
10AM-11AM	CLASS
11AM-7:30PM	OPEN

TUESDAYS	
5AM-10AM	OPEN
10AM-11AM	CLASS
11AM-5:30PM	OPEN
5:30PM-7:30PM	SL

WEDNESDAYS	
5AM-10AM	OPEN
10AM-11AM	CLASS
11AM-1PM	OPEN
1PM-2PM	SL
2PM-7:30PM	OPEN

THURSDAYS	
5AM-10AM	OPEN
10AM-11AM	CLASS
11AM-1PM	OPEN
1PM-2PM	SAW
2PM-5:30PM	OPEN
5:30PM-7:30PM	SL

FRIDAYS	
5AM-10AM	OPEN
10AM-11AM	CLASS
11AM-3:30PM	OPEN
3:30PM-4:30PM	AFTERSCHOOL SWIM
4:30PM-7PM	OPEN

STATESVILLE FAMILY YMCA

828 Wesley Drive, Statesville, NC 28677

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Our Mission: "Helping all people reach their God-given potential in spirit, mind and body."



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SATURDAYS	
8AM-10AM	OPEN
10AM-12:05PM	SL
12:05PM- 3:30PM	OPEN
SUNDAYS	
1PM-4:30PM	OPEN

IMPORTANT NOTES:

- Multiple activities are often scheduled in the Main pool at the same time.
- Please get equipment (kickboards, pull buoys, etc.) before entering the pool and please put them away after use. Equipment are for lap swimmers only.
- If there are 2 swimmers in a lane they may elect to split the lane in half or circle swim; use circle swim when 3+ swimmers are in a lane.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

SWIM TEST POLICY:

- Children 8th grade and younger are encouraged to take swim test to determine swim level.
- All elementary age children (5th grade & under) must have a parent or guardian (18+) on pool deck/in the pool at all times regardless of swim level.
- Middle school students (6th-8th grade) are allowed in the pool without a parent with completion of Middle School Orientation and passing the green swim test.
- Color bands must be worn – GREEN (Swimmer-can swim anywhere), YELLOW (Beginner-small pool & shallow end of big pool or parent within arm's reach in the deep end of big pool), RED (Non-swimmer-small pool with PFD or parent within arm's reach in the pool.)
 - See Swim Test Policy for details regarding the swim tests.
 - One adult cannot be responsible for more than 2 RED level swimmers without lifejacket. We will allow a 1 adult to 4 red band swimmers/nonswimmers as long as all children are in life jackets.
 - Personal Flotation Device is recommended for RED level swimmers.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

POOL AREA CLOSURES DUE TO SPECIAL OLYMPIC SWIM MEET

- Sunday, April 14, 2024

SPECIAL OLYMPIC SWIM TEAM PRACTICE

- Mondays at 6pm-7:30pm

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March 2024–MAIN POOL SCHEDULE: Statesville Family YMCA

Reservation (RSV) – Reserve lap lanes on app. or website
Swim Lessons (SL) – Tuesdays & Thursdays from 5:30pm to 7:30pm, Wednesdays at 1pm & Saturdays from 10am to 12:05pm
Special Olympic Swim Team (SO) – Mondays from 6pm–7:30pm
TYDE – YMCA of Northwest North Carolina swim team
Safety Around Water (SAW) – Thursdays at 1pm, 3/25–2/28 from 11:45am–1:45pm

MONDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM–5:45AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
5:45AM–6:45AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
6:45AM–9:15AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
9:15AM–10AM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
10AM–11AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
11AM–12PM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
12PM–5PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
5PM–6PM	OPEN	OPEN	RSV 30min	RSV 60min	TYDE	TYDE
6PM–7:30PM	OPEN	OPEN	RSV 30min	SO	SO	SO

TUESDAYS & THURSDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM–11:45AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
11:45AM–1:45PM	SAW	SAW	RSV 30min	RSV 60min	RSV 60min	RSV 60min
1:45PM–4PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
4PM–5PM	CLASS	CLASS	RSV 30min	TYDE	TYDE	TYDE
5PM–6PM	OPEN	OPEN	RSV 30min	TYDE	TYDE	TYDE
6PM–7:30PM	OPEN	OPEN	RSV 30min	RSV 60min	SL	SL

WEDNESDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM–9:15AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
9:15AM–10AM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
10AM–11AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
11AM–12PM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
12PM–2PM	SAW	SAW	RSV 30min	RSV 60min	RSV 60min	RSV 60min
2PM–5PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
5PM–6PM	OPEN	OPEN	RSV 30min	RSV 60min	TYDE	TYDE
6PM–7:30PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min

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FRIDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM-11AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
11AM-12PM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
12PM-3:45PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
3:45PM-6PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
6PM-7PM	OPEN	OPEN	RSV 30min	RSV 30min	SL (Make-up)	SL (Make-up)

SATURDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
8AM-10AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
10AM-11AM	OPEN	OPEN	SL	RSV 60min	RSV 60min	RSV 60min
11AM-3:30PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min

SUNDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
1PM-4:30PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min

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