



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NOVEMBER 2023 PROGRAM POOL SCHEDULE - KERNERSVILLE FAMILY YMCA

MON/WED	LANE 1	LANE 2	LANE 3	LANE 4
6-7AM	OS	OS	LAP	LAP
7AM-12PM	WF: Shallow	WF: Shallow	WF: Shallow	WF: Shallow
12-5PM	OS	OS	OS	LAP
5:15-6PM	SL	SL	SL	SL
6-7PM	WF: Shallow	WF: Shallow	SL	SL
7-8:30PM	OS	OS	LAP	LAP

TUESDAY	LANE 1	LANE 2	LANE 3	LANE 4
6-8AM	OS	OS	LAP	LAP
8-9:45AM	WF: Shallow	WF: Shallow	WF: Shallow	WF: Shallow
9:45AM-5PM	OS	OS	OS	LAP
5-5:45PM	WF: Shallow	WF: Shallow	OS	LAP
5:45-7:25PM	SL	SL	SL	SL
7:25-8:30PM	OS	OS	LAP	LAP

THURSDAY	LANE 1	LANE 2	LANE 3	LANE 4
6AM-5PM	OS	OS	LAP	LAP
5-5:45 PM	WF: Shallow	WF: Shallow	OS	LAP
5:45-7:25PM	SL	SL	SL	SL
7:25-8:30PM	OS	OS	LAP	LAP

FRIDAY	LANE 1	LANE 2	LANE 3	LANE 4
6-8AM	OS	OS	LAP	LAP
8AM-12PM	WF: Shallow	WF: Shallow	WF: Shallow	WF: Shallow
12-7:30PM	OS	OS	OS	LAP

SATURDAY	LANE 1	LANE 2	LANE 3	LANE 4
8-9AM	WF	WF	LAP	LAP
9-11:30AM	SL	SL	SL	SL
11:30A-5:30PM	OS	OS	OS	LAP

SUNDAY	LANE 1	LANE 2	LANE 3	LANE 4
1-3PM	SL	SL	SL	SL
3-5:30PM	OS	OS	OS	LAP

KEY:

WF: WATER
FITNESS
SL: SWIM
LESSONS
OS: OPEN SWIM
DEEP: DEEP END
OF POOL
SHALLOW:
SHALLOW END OF
POOL

Program Pool will be
CLOSED during
Preschool Swim Lessons
and Out of School Days
from 1:30-3:30pm.

Out of School Days:
Nov 10-Veterans Day
Nov 22-24
Thanksgiving

- Lane allocation will adjust depending on participation numbers.
- Lifeguard is the authority regarding pool policies and lane usage.
- Multiple activities are often scheduled in this pool at the same time.

KERNERSVILLE FAMILY YMCA

1113 West Mountain Street

Kernersville, NC 27284 P (0) 336 996 2231 (F) 336.996.8605 www.kernersvilleymca.org A United Way Agency

Our Mission: "Helping all people reach their God-given potential in spirit, mind and body."



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

- Possible Make-ups for Swim Lessons on Friday's from 5:00-7:30 (In the event Swim Lessons are canceled during the week, we will do makeup at this time).
- Lane changes are made by the lifeguard 5 minutes before the time indicates.
- Children 8th grade and younger must be swim tested to determine swim level.
- All elementary age children (5th grade & under) must have a parent or guardian (18+) on the pool deck/area at all times regardless of swim level.
- Color bands must be worn – GREEN (Swimmer-can swim anywhere), RED (Non-swimmer-shallow end only)
 - See Swim Test Policy for details regarding the swim tests.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

Any questions/concerns contact:

Aquatics Director, [Patrick O'Toolep.otoole@ymcanwnc.org](mailto:Patrick.O'Toolep.otoole@ymcanwnc.org)

KERNERSVILLE FAMILY YMCA

1113 West Mountain Street

Kernersville, NC 27284 P (O) 336 996 2231 (F) 336.996.8605 www.kernersvilleyymca.org A United Way Agency

Our Mission: "Helping all people reach their God-given potential in spirit, mind and body."