



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NOVEMBER 2023 POOL SCHEDULE - DAVIE FAMILY YMCA

Swim meets are as follows: Only hot tub, sauna and steam room is available during these times

- Wednesday, November 15: Warm-Ups begin at 5:30pm, Meet begins at 6:30pm
- Wednesday, November 22: Warm-Ups begin at 5:30pm, Meet begins at 6:30pm

MONDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5-830AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
830-1030AM	WATER FITNESS	WATER FITNESS	WATER FITNESS	WATER FITNESS	LAP	LAP
1030AM-515PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
515-745PM	SWIM LESSONS	LAP	SWIM TEAM	SWIM TEAM	SWIM TEAM	SWIM TEAM

TUESDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5-930AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
930-1130AM	WATER FITNESS	WATER FITNESS	WATER FITNESS	WATER FITNESS	LAP	LAP
1130AM-515PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
515-745PM	SWIM LESSONS	LAP	SWIM TEAM	SWIM TEAM	SWIM TEAM	SWIM TEAM

WEDNESDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5-830AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
830-1030AM	WATER FITNESS	WATER FITNESS	WATER FITNESS	WATER FITNESS	LAP	LAP
1030AM-615PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
615-745PM	OPEN	LAP	SWIM TEAM	SWIM TEAM	SWIM TEAM	SWIM TEAM

THURSDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5-930AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
930-1130PM	WATER FITNESS	WATER FITNESS	WATER FITNESS	WATER FITNESS	LAP	LAP
1130-515PM	OPEN	OPEN	OPEN	LAP	LAP	LAP
515-745PM	SWIM LESSONS	LAP	SWIM TEAM	SWIM TEAM	SWIM TEAM	SWIM TEAM

FRIDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5-830AM	OPEN	OPEN	OPEN	LAP	LAP	LAP
830-1030AM	WATER FITNESS	WATER FITNESS	WATER FITNESS	WATER FITNESS	LAP	LAP
1030AM-530P	OPEN	OPEN	OPEN	LAP	LAP	LAP

SATURDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
8-9:15AM	WATER FITNESS	WATER FITNESS	WATER FITNESS	LAP	LAP	LAP
9:15AM-12:45PM	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	LAP	LAP	SWIM LESSONS



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- Lane allocation will adjust depending on participation numbers.
- Lifeguard has final say so regarding pool policies and lanes usage.
- Multiple activities are often scheduled in this pool at the same time.
- Possible Make-ups for Swim Lessons on Friday's from 5:00-7:30 (In the event Swim Lessons are canceled during the week, we will do makeup at this time).
- Lane changes are made by the lifeguard 5 minutes before the time indicates.
- Children 8th grade and younger must be swim tested to determine swim level.
- All elementary age children (5th grade & under) must have a parent or guardian (18+) on pool deck/area at all times regardless of swim level.
- Color bands must be worn – GREEN (Swimmer-can swim anywhere), RED (Non-swimmer-shallow end only)
 - See Swim Test Policy for details regarding the swim tests.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

Any questions/concerns contact:

Aquatics Director, Charlie Tucker c.tucker@ymcanwnc.org