



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## AUGUST 2022 COMMUNITY POOL SCHEDULE- KERNERSVILLE YMCA

### AUGUST SWIM MEETS & EVENTS:

- Mon, Aug 15, 5:45-7pm: TYDE Silver Starts
- Mon, Aug 22, 5:45-8pm: TYDE Bronze Starts
- ALL MONTH: Swim Tests will be in Lane 8

MON-THU	LANE 1	LANE2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
5-8AM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
8-9:45AM	LESSONS	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
9:45AM-5:30PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	SWIM TEST
5:45-8PM	OPEN	LAP	LAP	LAP	TYDE	TYDE	TYDE	TYDE
8-8:45PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP

FRI	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
5AM-5:30PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	SWIM TEST
5:30-7PM	OPEN	OPEN	LAP	LAP	LAP	LAP	TYDE	TYDE
7-7:45PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP

SATURDAY	LANE1	LANE 2	LANE3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
8AM-5:30PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	SWIM TEST

SUNDAY	LANE1	LANE 2	LANE3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
1-5:30 PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	SWIM TEST



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Lane allocation will adjust depending on participation numbers.

Lifeguard has final say so regarding pool policies and lanes usage.

Multiple activities are often scheduled in this pool at the same time.

- Lane changes are made by the lifeguard 5 minutes before the time indicates.
- Please get equipment (kickboards, pull buoys, etc.) before entering the pool and please put them away after use.
- To avoid accidents please get the swimmer's attention that you are there before entering an occupied lane.
- If 2 swimmers are in a lane they may elect to split the lane in half; use circle swim when 3+ swimmers are in a lane.
- Children 8<sup>th</sup> grade and younger must be swim tested to determine swim level; All elementary age children (5<sup>th</sup> grade & under) must have a parent or guardian (18+) on pool deck/area at all times regardless of swim level.
- Color bands must be worn – GREEN (Swimmer-can swim anywhere), RED (Non-swimmer-shallow end only)
  - See Swim Test Policy for details regarding the swim tests
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

Any questions/concerns contact: Sr. Aquatics Director, Chris Tapler (336)996-2231 or [c.tapler@ymcanwnc.org](mailto:c.tapler@ymcanwnc.org) or Associate Aquatics Director, Beth Boul at [b.boul@ymcanwnc.org](mailto:b.boul@ymcanwnc.org)