



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

COACH PITCH RULES

PRE GAME PRAYER

All games will begin with both teams circling around the pitcher's mound and having a pregame prayer. Home team is responsible for prayer and devotion. All hats will be removed during pregame prayer.

SCORE

No official score will be kept for Coach Pitch.

UMPIRES

One umpire will be used in the field for baseball and his/her decision is final.

GAMES

Games will consist of 5 innings or a 1 Hour time limit.

BATTING ORDER

All players present at the game will be placed in the order in which they will hit. The batting order will remain constant throughout the game.

BATTING

Pitching will be done by an offensive team's coach. There will be a limit of 7 pitches per batter. If the 7th pitch is fouled, the batter gets one more pitch. If the 8th pitch is fouled, the batter is out. Each team will receive one warning concerning the slinging of bats. The second occurrence and any occurrence thereafter will result in the batter being called out. Only the batter is allowed out of the dugout area. The on deck batter must be ready with helmet on to take his turn at bat.

INNINGS

One half-inning is over when a team has accumulated 3 outs or the maximum number of batters has had a turn at bat. A team's next inning at bat will resume with the batter that was next in line before the final out was made in the previous inning. The final inning, all batters in the lineup will bat regardless of how many outs made in the inning.

BASERUNNING

A base runner may not leave the base until the ball has been hit. A base runner may take more than one base on a hit. Players may only advance a maximum of 3 bases. Base runners will be awarded one base on a ball that has left the field of play due to a defensive error.

DEAD BALL

The ball will be considered dead when the pitcher has control of the ball. If a batted ball hits the pitching coach, the ball will be declared dead and the batter will advance to first base.

DEFENSIVE POSITIONS

The defensive team will field 10 players using 6 infielders and 4 outfielders. Players are to rotate positions each

inning and encouraged not to play the same position twice in one game.

COACHING

The offensive team may have 3 coaches on the field; one coach at first base, one at third base and one as the pitcher. The defensive team may have 2 coaches in the outfield to encourage and instruct their players. Coaches may not play the ball.

EQUIPMENT

The YMCA will supply helmets, bats, and baseballs. Participants must provide their own glove. All batters must wear a helmet. It is recommended that all players must wear protective cups. Individuals will be allowed to use their own equipment if it meets the approved standards.

POST GAME ACTIVITIES

Both teams will line up to shake hands and offer congratulations for a good game at the end of each game.

SPECTATOR CONDUCT

Positive team support is encouraged. Offensive language or behavior will not be tolerated. Each coach is responsible for the conduct of all persons on his/her team or supporting his/her team. Fans are encouraged to cheer, encourage, and support both teams. They are expected to be courteous and set a good example for the players.

INCLEMENT WEATHER POLICY

Practices will be held if the if the YMCA deems that the conditions are satisfactory. If a practice is to be cancelled the YMCA will post the cancellation on their website www.jerrylongymca.org as soon as possible. Practices that are cancelled will not be made up.

If a game is to be cancelled, the YMCA will post the cancellation on their website www.jerrylongymca.org as soon as possible. Coaches and parents may also go to our Facebook page (Jerry Long Family YMCA) to get weather updates. Games that are cancelled will be rescheduled and posted on the YMCA website.

*Please note that practices and games may be cancelled on short notice due to severe weather.

In the case of inclement weather, 3 complete innings will count as a full game. Games that have not met this criteria will be rescheduled.