



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WHAT'S HAPPENING AT THE Y

Mark your calendar for these special events and stop by the welcome desk for more info!

February Calendar of Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 Superbowl Party 10am-12pm	3
4	5 Music Monday Ask the Personal Trainer/Nutritionist 9-11am Mission Monday kickoff	6	7 Breakfast with the Morning Crew 6-8am	8 Amazing Race 4-7pm	9	10
11	12 Music Monday Ask the Personal Trainer/Nutritionist 11:30am-1:30pm	13 Poppin' Tuesday 6-8am	14	15	16 Staff Chili Cookoff	17 FREE Parents' Night Out!
18	19 Music Monday Ask the Personal Trainer/Nutritionist 5-7pm	20 FREE Brenner Cooking Class 11am-12pm Togetherhood Tuesday kickoff	21 FREE Brenner Cooking Class 5:30-6:30pm	22	23 FREE Dive In Movie 5:30-7:30pm	24
25	26 Music Monday	27	28			

Stop by the Welcome
Desk for more info on
programs and events!

★ Indicates paid program.