

MEET ANTONIO STEVENSON

HOMETOWN

Badin, NC

EDUCATION

B.A. Political Science,
Winston Salem State University

CERTIFICATIONS

ASFA Certified Personal Trainer

SPECIALTY

Boot Camp Instructor

AVAILABILITY

Flexible – early mornings, evenings,
and weekends

MOTTO

“If it was easy, then everybody
would be here! So let’s WORK!”

FAVORITE EXERCISE

Dumbbell Workouts

BIO

I come from an athletic background, and I know what it takes to be mentally and physically strong. I approach every day with a goal in mind, and ready to do whatever it takes to accomplish that goal. I am a former student-athlete and I have performed at a high level. When I see others headed in that direction I am always willing to help!

