LEARN TO SAVE LIVES

2016 Lifeguard Certification at Davie YMCA

Becoming a lifeguard is more than just a job. Learning to save a life is a big responsibility. That’s why we have certified trainers to engage class participants in the coursework that prepares you for a lifeguarding job or just helps you be better prepared in the water.

CERTIFICATIONS WILL BE EARNED IN
- YMCA LIFEGUARD
- CPR PRO/AED
- OXYGEN ADMINISTRATION
- FIRST AID

Equipment provided:
- On The Guard Manual
- Rescue Pack with CPR Pocket Mask
- Whistle and breakaway lanyard

Also includes access to our Facility Pool for the duration of the class!

Cost:
$100 Off Special!! *Employee discounts are not applicable due to this special price.
Members: $100 (usually $200)/Potential Members: $175 (usually $275)
Renewal/Crossover-Members: $85/Potential Member: $110/
Current DV/YK Staff: FREE

Registration Dates Open now- November 8th

Class Dates & Times
*Students must be able to attend each day for the times listed below. No exceptions.
Friday, Nov 11th 9:30am-5:30pm
Saturday, Nov 12th 12-6pm
Sunday, Nov 13th 1-7pm
Saturday, Nov 19th 9:30am-5:30pm
Sunday, Nov 20th 1-7pm
Payment and Refund Policy

Payments must be made in order to have a spot in class. We must have a minimum of 4 students to hold class and no more than 10 students per class. Payment is due at time of registration. Candidates that do not pass the prerequisite swim will be refunded 1/3 of the course fee. Candidates who do not open or complete the ASHI online course by the first day of class will be refunded ½ of the course fee. Candidates that do not pass the course will not be refunded. Cancellations or withdrawals made more than two weeks before the first day of class will receive a full refund. Cancellations or withdrawals received made within one week of class will be refunded ½ of the course fee.

Prerequisites and Class Information

Prerequisite Swim
Each candidate must complete the following on Day 1
- Tread water for 2 minutes (legs only)
- Swim 550 yards using a variety of strokes
- Perform a feet first surface dive to the bottom of the pool, then swim under water for 15 feet
- Sprint 25yrd, perform a surface dive, retrieve an object from the deep end, tread water for 1 minute (legs only), remove self from water, and immediately begin compressions on an adult manikin at a rate of 100 compressions per minute.

In order to receive your Lifeguard certification, each candidate must:
- Be 16yrs old by the last day of class
- Pass the prerequisite swim requirements
- Complete on e-learning modules before the first classroom session
- Successfully complete all pool skills
- Successfully pass written tests with a minimum score of 80%
- Be able to sit for extended periods of time
- Be able to communicate verbally with others
- Be able to hear noises and distress signals
- Be able to visually observe an aquatic environment without limitation
- Attend all scheduled days and times-no exceptions.
- Successful completion of lifeguard course does not guarantee employment at the Davie YMCA or any other branch
What happens after you turn in your registration?

- You will be emailed your online learning pieces. You have until the first day of class to complete your ASHI (CPR/First Aid/Oxygen) please allow 4-6hrs for this. Your YGUARD has online learning as well. The online learning will be e-mailed to you by your instructor. This piece must be completed prior to the 2nd day of class. Please allow at least 3hrs. You will not be allowed to attend class without completing your online learning.
- Please check your e-mail often as this will be my primary contact with you.

What to bring

- Picture ID
- Swimsuit and towel (goggles are helpful, but optional)
- Lunch, Snacks, any beverages. I do allow you to eat during class. We will break for a short lunch.

For More Information:

Please contact Kimberly Green, Aquatics Director/ Trainer,
at k.green@ymcanewnc.org
Lifeguard Certification Form
(please rip off registration form and keep the registration and class information)

Participants Information:
Name: ___________________________________________ Sex: □ M / □ F Date of Birth __________________________
Address: _________________________________________ City: __________________ State ____ Zip ______
Phone Number: _____________________________ * E-Mail Address: _____________________________
Parent/Guardian Name (if under age 18): _______________________________

*Required Information

Emergency Contact Information:
Name and Relationship: ___________________________ Phone Number: ________________

You must also register online for the course through the Y-Exchange. This is separate from the on-site registration at Davie YMCA (all fees are paid at the Davie Y). Online registration directions:
• Go to https://services.ymca.net/login.aspx?ReturnUrl=/registrations/login.aspx
• Create a new account if you do not already have one (it can take up to 48hrs for approval)
• Under “My Career” select the Learning & Career Development Center (LCDC)
• Scroll down to “Search and Register for Classes”
• Course Category: Aquatics
• Course Name: YGUARD V6
• Zip code: 27028
• Select class AQ104B
• Link for registration https://lcdc.yexchange.org/s/c29k12k
• Follow registration instructions.

Agreement: In consideration of my or my child’s participation in the YMCA program or activity, I hereby release and discharge the Davie YMCA and any and all employees or agents thereof from all claims of any kind or nature whatsoever rising out of the action of the above said employees or agents, to the extent by law. I have informed the staff of physical and mental condition(s) that may hinder or impair the safety of the program and/or program participants in respect to the aquatic environment. I am aware that this form is kept on file in the pool office for the instructor’s information, and know that it is my responsibility to update the Aquatic Department should there be any changes or additions regarding my child’s health.

Signature: ___________________________ Date: ___/___/___
Parent or Guardian Signature (under age 18): ___________________________ Date: _______