



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Hello!

We are excited to have your child join us for Swim Camp at the Y. Below you will find a few reminders about what to expect and send with your child at Swim Camp:

-Swim camp is from 10am-1pm each day. Please walk with your child into the building and check them in with an instructor in the main lobby or on the pool deck. A YMCA staff member should be in the lobby to greet you.

-Campers will eat lunch around 12:15-12:30. Please provide a packed lunch or a snack for your child each day. We will set aside approximately 30 minutes for them to eat, but if they are not finished, they can continue eating lunch while we play outside.

-***SUMMER ONLY*** Campers will spend approximately 30-45 minutes outside each day, weather permitting, so please pack sun screen. The first part of the day will be spent inside, so we suggest you not apply sunscreen before bringing your child to camp, as it will likely wash off before they head outside.

-If you send your child with goggles, please try to avoid the ones with the nose covering. This inhibits your child's ability to work on breath control.

-Make sure your child has a towel and a dry change of clothes to change into at the end of the day. We will help them get changed in either the family changing room or the locker room.

-Campers will spend the last few minutes of the day outside on the playground behind the building, weather permitting. When you come to pick them up, please check the back parking lot first. If you do not see the campers, please come to the front lobby and a staff member can direct you where to go to pick up your child.

If you have questions or concerns, please contact Sara Hora at s.hora@ymcanwnc.org or Rachel McManus at r.mcmanus@ymcanwnc.org, or call the Y at 336-838-3991.

We look forward to seeing your child at swim camp!

WILKES FAMILY YMCA

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Our Mission: "Helping people reach their God-given potential in spirit, mind and body."