



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

SNACK LIST

DATE	TIME	PARENTS	SUGGESTED HEALTHY SNACK
			YOGURT POPS
			FRUIT CUPS
			APPLESAUCE
			FROZEN FRUIT BARS
			GRANOLA BARS
			CINNAMON GRAHM CRACKERS
			FRUIT CUPS
			KID'S CHOICE Let us know what your kids like.

We are offering a suggested healthy snack alternative to help kids learn that snacks can be good for you and fun to eat too!

Also when getting the juice and/or juice pops, try and go for 100% juice