



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WINTER BREAK GYM SCHEDULE

JERRY LONG FAMILY YMCA

Gym Schedule
Winter Break
December 22 – 30,
2011

Schedule begins Monday, December 12 and is subject to change.

Open Gym
Open Gym may be used for member pick-up half court games and shoot around only. Full Court games must be approved by staff prior to starting.

Open Play Volleyball
A volleyball Net may be set up for members wanting to play volleyball

Court 3

Times	MON	TUE	WED	THU	FRI	SAT	SUN
5:00am-8:00am	Adult Pick Up Games	Adult Pick Up Games	Adult Pick Up Games	Adult Pick Up Games	Adult Pick Up Games	Closed	Closed
8:00am-9:15am	Fitness Class	Fitness Class	Fitness Class	Fitness Class	Fitness Class	Fitness Class	Closed
9:15am-12:00pm	Out of School Program	Out of School Program	Out of School Program	Out of School Program	Out of School Program	Pick Up Games	Closed
12:00pm-6:00pm	Open Gym	Out of School Program	Out of School Program	Out of School Program	Out of School Program	Pick Up Games	Pick Up Games
6:00pm-6:30pm	Pick Up Games	Pick Up Games	Pick Up Games	Pick Up Games	Pick Up Games	Pick Up Games	Pick Up Games
6:30pm-8:30pm	Pick Up Games	Open Gym	Pick Up Games	Open Gym	Pick Up Games	Closed	Closed
8:30pm-10:00pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Closed	Closed

Court 4

Times	MON	TUE	WED	THU	FRI	SAT	SUN
5:00am-8:00am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Closed	Closed
8:00am-12:00pm	Sports Camps	Sports Camps	Sports Camps	Sports Camps	Sports Camps	Open Gym	Closed
12:00pm-4:30pm	Sports Camps	Sports Camps	Sports Camps	Sports Camps	Sports Camps	Open Gym	Indoor Soccer League
4:30pm-5:30pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Indoor Soccer League
5:30pm-8:30pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Closed	Closed
8:30pm-10:00pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Closed	Closed

Pick Up Games
Full Court Pick Up Games may be played during this time.

Youth Sports
During Youth Basketball courts will be reserved for practices and games.

Jerry Long Family YMCA

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