



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# WINTER BREAK GYM SCHEDULE

JERRY LONG FAMILY YMCA

## Gym Schedule Winter Break December 22 – 30, 2011

### Open Gym

Open Gym may be used for member pick-up half court games and shoot around only. No full court games may be played.

### Family Shoot Around

During Family Shoot Around goals may be lowered for families during adult supervision only. Please see a staff member to lower a basketball goal.

Court 1

Times	MON	TUE	WED	THU	FRI	SAT	SUN
5:00am-7:00am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Closed	Closed
7:00am-12:00pm	Out of School Program	Out of School Program	Out of School Program	Out of School Program	Out of School Program	Open Gym	Closed
12:00pm-2:15pm	Out of School Program	Out of School Program	Out of School Program	Out of School Program	Out of School Program	Open Gym	Family Shoot Around
2:30pm-6pm	Out of School Program	Out of School Program	Out of School Program	Out of School Program	Out of School Program	Open Gym	Family Shoot Around
6pm-8:00pm	Open Gym	35 and up Basketball	Family Shoot Around	35 and up Basketball	Family Shoot Around	Family Shoot Around	Family Shoot Around
8:00pm-9:00pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Closed	Closed
9:00pm-10:00pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Closed	Closed

### 35 and Up Basketball

This court is reserved for pick-up games for members ages 35 and up. Games may be played either half court or cross court. Please see additional rules for 35 and Up Basketball

Court 2

Times	MON	TUE	WED	THU	FRI	SAT	SUN
5:00am-7:30am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Closed	Closed
7:30am-12:00pm	Nursery	Nursery	Nursery	Nursery	Nursery	Nursery	Closed
12:00pm-2:30pm	Nursery	Nursery	Open Gym	Open Gym	Nursery	Open Gym	Open Gym
2:30pm-5:30pm	Nursery	Nursery	Nursery	Nursery	Nursery	Open Gym	Open Gym
5:30pm-8:00pm	Nursery	Nursery	Nursery	Nursery	Nursery	Open Gym	Open Gym
8:00pm-9:00pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Closed	Closed
9:00pm-10:00pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Closed	Closed

Jerry Long Family YMCA

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