



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

2011-2012 Little Dribblers

It's that time again! The YMCA of Northwest North Carolina runs the largest basketball program in the region with thousands of kids participating each year. It is also one of the best programs available and is open for kids age 3 through 18. And new this year, there are more divisions and options than ever as well as the introduction of separate girls divisions. Your child will learn the basics of the game or develop their skills. But beyond that, she/he will grow as a person, as the league focuses on respect, sportsmanship, and other YMCA Character Development traits.

Little Dribblers Information

The Little Dribblers program is designed for our youngest basketball players (ages 3 and 4) as they begin their playing career. The Dribblers meet once per week for an hour to learn basic skills such as ball handling, shooting, passing, defense, and physical fitness habits. This introductory program also hopes to instill values such as teamwork, sportsmanship, responsibility, respect, and positive attitudes in all of the participants. And in the end, each child will come away with a love of the game as well as some new friends!



Registration and Cost

September 1, 2011 – October 28, 2011

\$50/Members, \$75/Potential Members

*The registration price will increase \$15 after the period has lapsed.

Session Information

Little Dribblers will be held on Tuesday or Thursday nights at 5:15 and 6:15 PM. Each session will hold up to 12 participants so space is limited! There will be eight sessions in the season.

Session availability may change based on number of participants

Gear/Equipment

Each child will receive an authentic Y basketball jersey. The YMCA will provide all of the balls necessary. Participants will be shooting on a goal that is about 5-6 feet high. At the end of the program, each child will receive a trophy and a certificate of completion! Kids should come with a water bottle and comfortable cloths as their time in the program will be active.

KERNERSVILLE FAMILY YMCA

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Our Mission: "Helping people reach their God-given potential in spirit, mind and body."